Shropshire Council Legal and Democratic Services Shirehall Abbey Foregate Shrewsbury SY2 6ND

Date: Friday 1st July 2022

Committee:

Health & Adult Social Care Overview and Scrutiny Committee

Date: Monday, 11 July 2022

Time: 10.00 am

Venue: Council Chamber, Shirehall, Abbey Foregate, Shrewsbury, SY2 6ND

You are requested to attend the above meeting. The Agenda is attached

There will be some access to the meeting room for members of the press and public, but this will be limited for health and safety reasons. If you wish to attend the meeting please email democracy@shropshire.gov.uk to check that a seat will be available for you.

Members of the public will be able to access the live stream of the meeting by clicking on this link:

www.shropshire.gov.uk/HASC11July2022

Tim Collard

Assistant Director - Legal and Governance

Members of Health & Adult Social Care Overview and Scrutiny Committee

Nicholas Bardsley Tracey Huffer
Steve Charmley (Chairman) Heather Kidd
Gerald Dakin David Minnery
Geoff Elner Chris Schofield

Kate Halliday Dan Thomas (Vice Chairman)

Your Committee Officer is:

Ashley Kendrick Democratic Services Officer

Tel: 01743 250893

Email: <u>ashley.kendrick@shropshire.gov.uk</u>



AGENDA

1 Apologies for Absence

To receive apologies for absence.

2 Disclosable Interests

Members are reminded that they must declare their disclosable pecuniary interests and other registrable or non-registrable interests in any matter being considered at the meeting as set out in Appendix B of the Members' Code of Conduct and consider if they should leave the room prior to the item being considered. Further advice can be sought from the Monitoring Officer in advance of the meeting

3 Minutes of the Previous Meeting (Pages 1 - 4)

To consider the minutes of the Health and Adult Social Care Overview and Scrutiny Committee meeting held on 16th May 2022 (Attached).

4 Public Question Time

To receive any questions, statements or petitions from the public, notice of which has been given in accordance with Procedure Rule 14. The deadline for this meeting is 5pm on Tuesday 5th July 2022.

5 Members Question Time

To receive any questions of which Members of the Council have given notice. The deadline for notification for this meeting is 5.00 p.m. on Tuesday 5th July 2022.

6 Update from the Joint Health Overview and Scrutiny Committee (JHOSC)

To include the work programme topics and an update from the 5 July 2022 meeting covering Urgent Care

7 The Future of Primary Care - The Fuller Report (Pages 5 - 56)

• To learn about the Fuller Report on integrating primary care and how it could inform the shape of services in the future.

Presentation from Emma Pyrah, Associate Director Primary Care and Tracey Jones, Deputy Director Partnerships - NHS Shropshire Telford and Wrekin

8 Update on Shrewsbury Health and Wellbeing Hub (Pages 57 - 88)

 To consider progress and plans with the Shrewsbury Health and Wellbeing Hub in Shrewsbury including outputs from focus group work, what has happened so far, and next steps along the project timeline.

Presentation from Emma Pyrah, Associate Director Primary Care and Tracey Jones, Deputy Director Partnerships - NHS Shropshire Telford and Wrekin

9 Co-optees to the Joint HOSC (Pages 89 - 94)

 To receive a report updating on the three co-optee roles on the Joint Health Overview and Scrutiny Committee with Telford and Wrekin Council, and opportunities to hear from people with lived experience in Health and Adult Social Care Overview and Scrutiny Committee work.

Report from Tom Dodds - Organisational Performance Manager (Report attached)

Contact: 01743 258518

10 Work Programme (Pages 95 - 102)

To confirm the topics for the committee's work programme identified at the work programming session on Friday 24 June 2022, and the agenda for the next meeting(s). This will also include outlining how the committee would like to work.

11 Date of Next Meeting

To note that the next meeting of the Health and Adult Social Care Overview and Scrutiny Committee will take place at 10am on Monday 19th September 2022.



SHOPSHIRE COUNCIL

HEALTH & ADULT SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE

Minutes of the meeting held on 16 May 2022 in the Council Chamber, Shirehall, Abbey Foregate, Shrewsbury, SY2 6ND

Responsible Officer: Ashley Kendrick

Email: ashley.kendrick@shropshire.gov.uk Tel: 01743 250893

Present

Councillor Steve Charmley (Chairman)

Councillors Roy Aldcroft (substitute for Chris Schofield), Nicholas Bardsley, Gerald Dakin, Geoff Elner, Kate Halliday, Tracey Huffer, Heather Kidd, David Minnery, and Dan Thomas (Vice Chairman)

1 Apologies for Absence

Apologies for absence had been received from Councillor Chris Schofield (substituted by Councillor Roy Aldcroft).

2 Disclosable Interests

None were declared.

3 Minutes

RESOLVED:

That the minutes of the meeting held on 28th March 2022 be confirmed as a correct record.

4 Public Question Time

No public questions had been received.

5 Members Question Time

A Members' Questions was received from Councillor Kate Halliday in relation to the Health and Wellbeing Hub.

The full questions and responses provided to them are available on the web page for the meeting: <u>Agenda for Health & Adult Social Care Overview and Scrutiny</u>

Committee on Monday, 16th May, 2022, 10.00 am — Shropshire Council

As a supplementary question, Councillor Halliday asked why Councillors had not been invited to be a part of the meetings which had taken place to discuss the Health and Wellbeing Hubs, and expressed frustration that there had clearly been some debate taking place for a while to get to this stage in the proposals. The Executive Director of Health, Wellbeing and Prevention stated that this should be explored

within the next agenda item to understand the process taken to this point in the proposals.

6 Shrewsbury Health and Wellbeing Hub

Members received a presentation from Edna Boampong, Director of Communications and Engagement at Shropshire, Telford and Wrekin ICS and Claire Parker, Director of Partnerships at Shropshire, Telford and Wrekin CCG on the proposals for a Health and Wellbeing Hub in Shrewsbury.

Members were reassured that the ICS were not closing GP surgeries; but relocating six practices into one Hub. A site had yet to be confirmed but that the preferred location would be near to the practices that were involved in the project; those being Beeches Medical Practice, Belvidere Medical Practice, Claremont Bank Surgery, Marden Medical Practice, Marysville Medical Practice and South Hermitage Surgery.

Practices are in varying states of condition - most are either no longer fit to deliver modern healthcare services and/or do not have enough space to meet future demand. The Hub would offer opportunities to expand the services they can offer in a fit for purpose building, which would offer attractive conditions to retain and recruit, as well as a viable option that works best for the current workforce.

Members raised concern regarding the lack of engagement with both the Council and the public on the proposals. An acknowledgement was given and apologies made that engagement had not been thorough and that every effort would be made to ensure all parties were consulted throughout the project. Members were assured that an engagement roadmap would be shared after the meeting. Members were also advised that a Stakeholder Reference Group had been created to deliver an engagement exercise to ensure openness and transparency and that Council representatives were being sought to join the group.

Members noted that a consultation would be taking place between October and December and that the outcome would be brought to a future scrutiny meeting.

Members raised further concerns that there may be travel implications for many patients whose surgery would be relocating and associated costs and carbon emissions. This may deter patients from visiting their GP which is against the emphasis on preventative care.

Members sought reassurance of how the proposals would work in practice. Members were advised that the six practices would operate independently within the hub, however they all work together in the primary care network so are already working alongside one another. It would be down to each individual practice to decide what services they offer and whether they wish to expand.

The results of the Equality Impact Study were requested by Members, together with the Integrated Impact Assessment and carbon study. Members were encouraged to share any issues that have been raised with the existing practices, such as the phone system and prescription ordering as this would be taken into account within the proposals.

7 Bishops Castle Community Hospital Update

Patricia Davies, Chief Executive of Shropshire Community Health NHS Trust introduced the item which sought to provide members with an update on Bishop Castle Community Hospital following concerns being raised at a previous meeting regarding its closure.

Members were reminded that three main areas had come out of the previous discussions; recruitment, outpatients and services that had been relocated and to where.

Members were advised that a successful recruitment day had taken place on 7th April and local Councillors were thanked for their efforts in promoting the event. There would be a further recruitment day in the north of the county. It was questioned as to whether registered nurses could be contacted before their registration lapses. Letters would also be sent to bank staff and advertisements for posts would be more entertaining.

It was noted that all services available at the hospital prior to the closure have been retained. It was felt that the public should be made aware of what services have returned and the success of the recruitment campaign.

Members noted that the CCG were working with Shropshire Council regarding integrated services meeting health needs and that they were looking to put a vision together to prevent and deliver care when needed. This would be realistic and sustainable and would focus on patient outcomes.

Members were advised that there was more interest in working at Ludlow hospital as they offer more acute services. It was stated that this was why rotational posts were so important as it was an opportunity to build skills.

8 Work Programme

Danial Webb, Overview and Scrutiny Officer, advised Members that a meeting would be arranged to finalise the work programme for the forthcoming year.

Two suggested topics were an update on the Health and Wellbeing Hub and the Ockenden Report.

9 Date of Next Meeting

Members noted that the next meeting of the Health and Adult Social Care Overview and Scrutiny Committee will be held at 10am on Monday 11th July 2022.

Signed	(Chairman)
Date:	







Fuller Report: The Future of Primary Care -

Health and Adult Social Care Overview and Scrutiny Committee Shropshire LA

Background

Fuller Stocktake Report May 2022
 'Next steps integrating primary care'

Page 6

This national report was commissioned by NHSE/I Chief Executive Amanda Pritchard, and provides recommendations for how newly formed ICBs can support integrating primary care.

The report was submitted to NHSEI with a letter of support signed by all 42 ICB Chief Executives.

NHSEI's response to the report is awaited.





What the report looked at

How?

- Engagement with @ 1,000
 people through workstreams,
 roundtables and one-to-one
 meetings
- Dver 12,000 individual visits to a dedicated engagement platform
- Over 1.5 million Twitter impressions.
- Consensus on what is not working and on what we can do differently

In scope:

- What works well and why
- How we can accelerate the implementation of integrated primary care (incorporating the current 4 pillars of general practice, community pharmacy, dentistry and optometry) across systems.

Out of scope:

 The partnership model, the GP contract and the funding formula.





Vision for Integrated Primary Care

Improving the access, experience and outcomes for our communities which centres around three essential offers

Helping people to stay well for longer as part of a more ambitious and joined-up approach to

Providing more proactive, personalised care with support from a multidisciplinary team of professionals to people with more complex needs, including, but not limited to, those with multiple long-term conditions

Streamlining access to care and advice for people who get ill but only use health services infrequently: providing them with much more choice about how they access care and ensuring care is always available in their community when they need it



prevention.



Overall Messages

Access and continuity are the biggest challenges, both for patients and for GPs' job satisfaction.

Four Key Areas of Intervention

Building integrated teams in every neighbourhood

Improving same-day access for urgent care

Creating the national environment to support locally driven change

Hard-wiring the system to support change





Building integrated teams in every neighbourhood

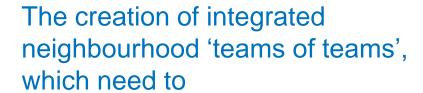
To make the neighbourhood change requires two "shifts in mindset":



More psychosocial model of care that takes a more holistic approach to supporting the health and wellbeing of a community; and



Realignment of the wider health and care system to a populationbased approach



"Evolve from PCNs"

More than just general practice

Be developed form an understanding of population health and local needs

Involve people and communities "strength based approach"





Managing same day access for urgent care for individuals releases capacity for personalised continuity of care for others.

Look beyond the traditional definition of primary care as just being general practice

Urgent care is where and how the patient access first for information/treatment in their communities.

Can be online advice, self care, pharmacies, a appointment at a General Practice, urgent treatment centre, 111, online consultation.

Requires system working together to create an integrated urgent care pathway in the community. Direct access to key diagnostics is essential, and not currently consistently available.



Page 1

Improving same-day access for urgent care

Redesigning the same day urgent care pathways will create additional capacity for continuity of care which is important for some individuals particularly those with long term conditions and chronic or complex health issues. This allows personalised care.

Page

There is a recognition that identifying who will most benefit from a different model of care is not straightforward, and personalised care requires risk stratification, professional judgement, and the view of patient at the centre in the context of shared decision making.

Integral to the delivery of preventative care is the delivery of Core20PLUS5. (NHS England)





REDUCING HEALTHCARE INEQUALITIES

The Core20PLUS5 approach is designed to support Integrated Care Systems to drive targeted action in health inequalities improvement



O COREZO

The most deprived 20% of the national population as identified by the Index of Multiple Deprivation



ICS-chosen population groups experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within the Core20 alone and would benefit from a tailored healthcare approach e.g. inclusion health groups

COREZO PLUS 5



MATERNITY

ensuring continuity of care for 75% of women from BAME communities and from the most deprived groups



CHRONIC RESPIRATORY DISEASE

a clear focus on Chronic Obstructive Pulmonary Disease (COPD), driving up uptake of Covid, Flu and Pneumonia vaccines to reduce infective exacerbations and emergency hospital admissions due to those exacerbations



HYPERTENSION CASE-FINDING

to allow for interventions to optimise blood pressure and minimise the risk of myocardial infarction and stroke



ILLNESS (SMI)

ensuring annual health checks for 60% of those living with SMI (bringing SMI in line with the success seen in Learning Disabilities)



EARLY CANCER DIAGNOSIS

75% of cases diagnosed at stage 1 or 2 by 2028

Creating the national environment to support locally driven change

Stocktake found that the three area seen as important to achieve changes in the model and vision for primary care

Workforce

Recruitment (confronting the gaps) Retention

Parity and connectivity with wider system

Page 1**Estates**

Moving away from traditional models

A catalyst for integration not a barrier

Innovate and connect with Local Authorities

Data

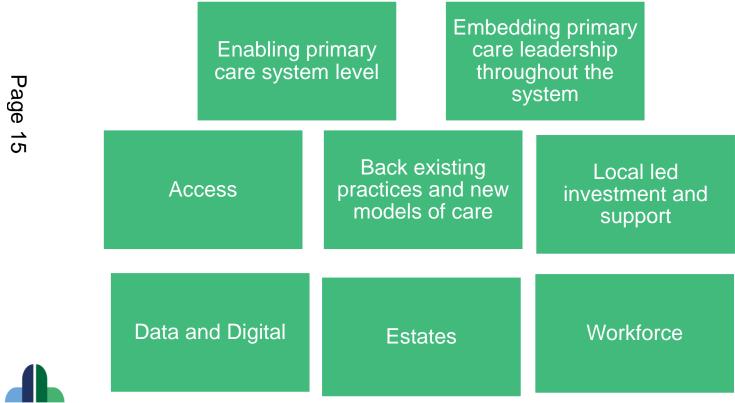
Give clinicians the intelligence to develop and target their teams to deliver for local populations

Harness learning from covid vaccinations



Hard-wiring the system to support change

Role national government, organisations and integrated care systems (ICS) have to play in creating the environment to support the changes in the vision for integrated primary care.







How has it been received: Feedback from RCGP

Professor Martin Marshall, Chair of the Royal College of GPs, said:

"Delivering this vision, as the report recognises, will depend on progress being made to expand the general practice workforce, and provide the resources to ensure that GPs and our teams are working in premises that are modernised, digitally-enabled and have the space to accommodate an expanded workforce and diagnostics in the community.

To this end, we are encouraged by the recommendation for flexible funding and more support to integrate the new ARRS roles in primary care.





And Locally

Simon Whitehouse ICB AO part of the group of ICB chairs who contributed into report and has signed letter of support of its recommendations to government

Government will review and respond

Arranged for Claire Fuller to speak to local primary care representatives and wider community colleagues to enable discussion

Plans for next steps are that a report will be taken to September Integrated Care Board detailing our local implementation plans to begin moving towards this vision.

This will build on what we are already doing in STW around integration, new models of care, population health and addressing health inequalities.







Thank you



Next steps for integrating primary care: Fuller Stocktake report

Commissioned by NHS England and NHS Improvement from Dr Claire Fuller, CEO (designate) Surrey Heartlands ICS

MAY 2022

Introduction from Dr Claire Fuller

For generations, primary care has been at the heart of our communities. Health visitors, community and district nurses, GPs, dentists, pharmacists, opticians, and social care workers are among the most recognisable of a multitude of dedicated staff delivering care around the clock in every neighbourhood in the country.

Every day, more than a million people benefit from the advice and support of primary care professionals – acting as a first point of contact for most people accessing the NHS and also providing an ongoing relationship to those who need it. This enduring connection to people is what makes primary care so valued by the communities it serves.

Despite this, there are real signs of genuine and growing discontent with primary care – both from the public who use it and the professionals who work within it.

Inadequate access to urgent care is having a direct impact on GPs' ability to provide continuity of care to those patients who need it most. In large part because of this, patient satisfaction with access to general practice is at an all-time low, despite record numbers of appointments: the 8am Monday scramble for appointments has now become synonymous with patient frustration.

At the same time, primary care teams are stretched beyond capacity, with staff morale at a record low.ⁱⁱ In short, left as it is, primary care as we know it will become unsustainable in a relatively short period of time. It is against this backdrop that the Chief Executive of the NHS, Amanda Pritchard, asked me to lead this major stocktake of integrated primary care from the ground up.

I want to start by thanking all primary care staff – and staff right across the health and care system – for their magnificent efforts during the pandemic. Since the inception of the NHS, there has not been a generation of leaders and staff who have faced the kind of overwhelming challenges as those working in our system today, and despite the very real toll COVID-19 may have taken on them personally and professionally, they will forever be able to wear their contribution as a badge of honour.

When I agreed to lead this work in November 2021, I don't think I fully appreciated the amount I would personally gain. As a GP for over 25 years, a clinical commissioning group (CCG) chair, a CCG accountable officer and an integrated care system (ICS) CEO designate, I have been involved in numerous system reviews and reforms. However, I do not think I have ever had such an opportunity to share ideas, listen and learn from others, build relationships, and challenge my own understanding, as I have during this process. It's been a pleasure to have met and worked with so many fantastic colleagues during the past six months.

During that time, we have had over 12,000 individual visits to our engagement platform, over 1.5 million Twitter impressions of #FullerStocktake, and close to 1,000 people directly involved through workstreams, roundtables and one-to-one meetings. The levels of engagement have been unlike anything I have seen for many years — all driven by a collective desire to create the conditions by which primary care can be supported to thrive in the future.

A moment of real opportunity

Despite the current challenges, there is real optimism that the new reforms to health and social care

- *if properly supported to embed and succeed* - can provide the backdrop for transforming how primary care is delivered in every community in the country.

We are weeks away from the inception of the new ICSs and with it the biggest opportunity in a generation for the most radical overhaul in the way health and social care services are designed and delivered. Primary care must be at the heart of each of our new systems — all of which face different challenges and will require the freedom and support to find different solutions. In an extraordinary and welcome display of common purpose across health and care, each of the CEOs of the 42 new systems has added their signature to this report.

But these new systems alone can't fix all the problems: we need action at every level. This report sets out a limited number of recommendations for NHS England, the Department of Health and Social Care (DHSC), and other national bodies that will enable local systems to drive change in their communities and neighbourhoods. This includes ensuring future national policy is designed to *support and enable* local systems to do what they need to do rather than apply a one-size-fits-all approach.

Support, enablement and respect have been among the most common themes throughout this stocktake. Emerging from the pandemic, it is clear that we all want to build on the best elements of our response to COVID-19 and work together wherever possible: delivering what works locally in step with our communities. As leaders, we have to ensure that we lead in an inclusive, compassionate and respectful way: setting the right tone will accelerate and embed the kind of change we all want to see delivered.

Some – but not all – of the changes needed in this report will require us to grow overall primary care capacity. Additional investment is by no means the main or only answer to the issues we need to solve: we will also need to think differently about how we design integrated primary care services that better anticipate the needs of different groups of people.

It is vital that we retain continuity as one of the core strengths of primary care, but we must also recognise that people's needs and expectations are changing. On the one hand, a growing number of people have complex needs, such as multiple long-term conditions, requiring highly personalised care and support. On the other, many people who are normally in good health would prioritise faster access to advice from a wider group of professionals.

A vision for integrating primary care

At the heart of this report is a new vision for integrating primary care, improving the access, experience and outcomes for our communities, which centres around three essential offers:

- streamlining access to care and advice for people who get ill but only use health services infrequently: providing them with much more choice about how they access care and ensuring care is always available in their community when they need it
- providing more proactive, personalised care with support from a multidisciplinary team of professionals to people with more complex needs, including, but not limited to, those with multiple long-term conditions
- **helping people to stay well for longer** as part of a more ambitious and joined-up approach to prevention.

It is the collective judgement of the people who have engaged closely in our stocktake that the vision for integrating primary care set out in this report is achievable if we create both the conditions to enable locally led change *and* the supporting infrastructure to implement it: indeed, as demonstrated by many of the case studies contained in this report, systems are already working in this way.

Primary care has always had an entrepreneurial and innovative spirit. We have recently seen the significant, rapid and life-saving adaptations that were made during the pandemic response; including through the COVID-19 vaccination programme delivered together with local authorities, pooling resources to establish COVID-specific 'hot hubs', safeguarding care home and domiciliary visits, ensuring community pharmacy kept its doors open to the public throughout, and shifting to virtual consultations to protect patients, carers and staff.

Locally led, nationally enabled change is a consistent theme in these pandemic success stories. This report offers a vision for transforming primary care led by integrated neighbourhood teams that will be supported to lead change, drawing from the wealth of positive change already underway.

There are no quick fixes, and we have tried through this report to set out pragmatic actions for ICS leadership teams that move us further on the journey, as well as some broader recommendations for national policymakers that will unlock the longer-term changes we need to see.

Improving the experience of accessing primary care is essential to restoring the confidence of the public, who rightly expect us to be there when they need us. Even more important in my view, is the opportunity this new vision for integrating primary care presents in helping people to stay well for longer. This will not only have the greatest impact on the future sustainability of health and care services overall but can genuinely help to transform lives.

All too often, the vast majority of our effort is focused on treating people who have already become sick. We need to create a sense of urgency around providing proactive care and improving outcomes for our population – not only will this help our citizens to lead more active and happier lives, it will help us to reduce the pressure on the NHS and social care in the medium to long term.

This is only achievable if we work in partnership addressing health inequalities through the Core20PLUS5 approach, and taking action to address the wider determinants of health.

Aligned leadership

In my view, ICSs come just at the right time, tasked with achieving four aims: improving outcomes in population health and healthcare; tackling inequalities in outcomes, experience and access; enhancing productivity and value for money; and helping the NHS support broader social and economic development.

The ICS CEOs believe that achieving these aims will only be possible if we support and develop a thriving integrated primary care system. This will need to be built as locally as possible, drawing on the insights, resourcefulness and innovations of patients and their carers, local communities, local government and NHS teams, other care providers and wider system partners, as well as, of course, primary care leaders. *This philosophy of partnership is at the heart of my report*.

I am hugely grateful to our workstreams and task and finish groups. By rapidly bringing together a wide range of experience and expertise, they informed our understanding of the current landscape

and what the future should look like. For those who gave us 10 minutes or 10 hours of your time, your input has helped shape this report and I hope you are encouraged by its conclusions. Thank you particularly to all our workstream and task and finish group chairs: Tracey Bleakley, Dr Nick Broughton, Glen Burley, Daniel Elkeles, Professor Kevin Fenton, Professor Simon Gregory, Dr Jaweeda Idoo, Fatima Khan-Shah, Joanna Killian, Dr Neil Modha, Thirza Sawtell, Dr Harpreet Sood, Jan Thomas, and Rob Webster. I'd also like to thank Adam Doyle, who has acted as a critical friend throughout the production of this report.

This report has also been informed by the findings of a King's Fund literature review on levers for change in primary care, commissioned as part of the stocktake, which has provided invaluable insights into what truly drives change: a leadership culture that promotes an enabling and psychologically safe environment, and the capacity, time and skills for people to learn and experiment.

Leading this work has been a privilege, and meeting so many enthusiastic and solution-focused leaders across the health and care system has solidified my optimism for the future.

This report is only the start. To implement these recommendations requires the continued input and effort of my ICS CEO colleagues, the integrated care board (ICB) and integrated care partnership (ICP) chairs and primary care leaders, as well as the support of our system partners. I look forward to being on this journey with you all.

Building integrated teams in every neighbourhood

At the heart of the new vision for integrating primary care is bringing together previously siloed teams and professionals to do things differently to improve patient care for whole populations.

This is usually most powerful in neighbourhoods of 30-50,000, where teams from across primary care networks (PCNs), wider primary care providers, secondary care teams, social care teams, and domiciliary and care staff can work together to share resources and information and form multidisciplinary teams (MDTs) dedicated to improving the health and wellbeing of a local community and tackling health inequalities.

The development of PCNs, established just prior to the pandemic, has already enabled many neighbourhoods to make progress in this direction. However, we've heard consistently that a lack of infrastructure and support has held them back from achieving more ambitious change.

Healthy Hyde PCN employs 34 people across many different disciplines, all of which are working to tackle health inequalities. The PCN covers 77,000 people, over 60% of whom live in the top two deciles of most deprived postcodes in England. It has six health and wellbeing coaches working in foodbanks, schools, allotments, and providing ESOL lessons to asylum seekers and refugees. Healthy Hyde is working with local voluntary organisations, statutory bodies and community services to provide a full holistic approach to a person's needs. It has set up groups that are run weekly and monthly by professionals ranging from GPs, nurses, social care, citizen's advice bureau, health visitors and mental health professionals. These groups run for people aged 0 to 100. The team has clinical leadership, managerial and admin support, and works together to identify people via clinical systems, local knowledge and working with multiple agencies.

Integrated neighbourhood 'teams of teams' need to evolve from Primary Care Networks (PCNs), and be rooted in a sense of shared ownership for improving the health and wellbeing of the population. They should promote a culture of collaboration and pride, create the time and space within these teams to problem solve together, and build relationships and trust between primary care and other system partners and communities.

This requires two significant cultural shifts: towards a more psychosocial model of care that takes a more holistic approach to supporting the health and wellbeing of a community; and realignment of the wider health and care system to a population-based approach – for example, aligning secondary care specialists to neighbourhood teams.

The key ingredient to delivering this way of working is leadership – fostering an improvement culture and a safe environment for people to learn and experiment. We heard consistently throughout our engagement that a 'top-down' approach of driving change and improvements risks alienating the workforce and communities and hinders development of trusting relationships: something emphasised in the King's Fund literature review.

Many ICSs are already thinking about how to ensure neighbourhood teams have, for example, sufficient leadership capacity and support to develop a collaborative multiprofessional workforce. Delivering integrated neighbourhood teams will require a step-change in progress, with a systematic cross-sector realignment to form multi-organisational and sector teams working in neighbourhoods. For example:

- full alignment of clinical and operational workforce from community health providers to neighbourhood 'footprints', working alongside dedicated, named specialist teams from acute and mental health trusts, particularly their community mental health teams
- making available 'back-office' and transformation functions for PCNs, including HR, quality improvement, organisational development, data and analytics and finance – for example, by leveraging this support from larger providers (eg GP federations, supra-PCNs, NHS trusts)
- a shared, system-wide approach to estates, including NHS trust participation in system estates reviews, with organisations co-locating teams in neighbourhoods and places.

This will not only unlock improvements in patient care but will also help individual PCNs and teams better manage demand and capacity, building resilience and sustainability.

Integrated clinical pharmacy service in Wirral

Staff working across PCNs and the hospital trust in Wirral Place deliver a shared clinical pharmacy service, hosted by Wirral University Teaching Hospitals NHS Foundation Trust. The service was codesigned and developed with partners, resulting in an environment where those actually delivering the service are 'system thinkers' focused on the patient, regardless of their organisation. Their ability to link with clinicians and other professionals across the local system through the shared use of IT systems, as well as the trust and relationships which have developed, support the speedier resolution of any issues which might impact on patients and the local population – team members are always cognisant of the impact their actions may have in another part of the system.

As well as supporting members of general practice to resolve medicines issues encountered, the joint pharmacy team are also invaluable assets in the day-to-day running of practices. They have their own clinical caseload, run medicines optimisation clinics and support implementation of medicines safety strategies. While working in hospital, they undertake clinical ward rounds across a range of specialties, with a particular focus on admissions and frailty to support safe transfer of care.

The service grew out of an initial pilot, involving just four members of staff, to a team of 25 within just two years. Some staff rotate across the sectors, while some are permanently working in split roles across both sectors.

The pace at which these teams can be built will depend in part on the pace at which we can deliver the national and system changes set out later in this report. However, with the right support, we heard that systems should aim to have them up and running in neighbourhoods that are in the Core20PLUS5 most deprived areas by April 2023.

This will not only ensure that we can start to better support those communities who need it most, it will create the necessary pace and ambition to move to universal coverage throughout 2023 and by April 2024 at the latest.

Working with people and communities

Throughout the stocktake, we heard that the PCNs that were most effective in improving population health and tackling health inequalities, were those that worked in partnership with their people and communities and local authority colleagues. This partnership focuses on genuine co-production and personalisation of care, bringing local people into the workforce so that it reflects the diversity of local communities, and proactively reaching out to marginalised groups breaking down barriers to accessing healthcare.

Community Health and Wellbeing Workers (CHWWs): Westminster City Council, Pimlico Health at The Marven and Imperial College London have launched a pilot scheme of trained CHWWs to run from May 2021 to June 2023. CHWWs visit local households monthly, irrespective of need, and deliver a broad range of activities including promotion of healthy lifestyles, reminders for vaccinations and screening and management of chronic diseases. In this pilot, CHWWs are available to talk to residents about their health, offer social care support where appropriate and inform them about available services, whether they have existing health issues or not. This proactive, universal and comprehensive role helps to capture health and social care issues as they arise. CHWWs in the pilot have identified undiagnosed serious mental illness and domestic violence and improved cervical screening uptake in Muslim women. Due to the initial success of this pilot scheme, this model is now being adopted by the National Association of Primary Care to promote nationally.

We have a fantastic opportunity to build on the outreach model that characterised the COVID-19 vaccination programme: developing meaningful and sustained relationships within communities, using the expertise, resources and relationships held by the NHS and local government, voluntary, community and social enterprise (VCSE) sector teams and community groups and leaders to understand the local social, demographic and cultural factors.

As a part of this drive, our workforce needs to be given the time and resources to meaningfully undertake this work. Outreach should not be considered a bolt-on to the day job – it's central to people's roles and should be reflected in protected time and job plans, for both current and upcoming roles.

Growing Health Together in east Surrey is a place-based approach to prevention and health creation, which uses ecological design principles to support population health, health equity and the environment. Clinicians in each PCN have regular protected time to work collaboratively with local citizens and partners to co-create evidence-based conditions for health and wellbeing. Solutions differ according to the location, reflecting the unique priorities, needs and strengths of each community. Listening to and building relationships within communities form the foundation of this work. Quality improvement methodology is utilised, and the work is supported by population health data and a community of practice. A comprehensive independent evaluation is underway, exploring quantitative and qualitative impacts on both the health system and wider community.

ICSs have a real opportunity to use their scale and convening power to foster meaningful partnerships between sectors, emphasising the importance of health and care organisations as anchor institutions: for example, with schools and higher and further education (HFE) providers, through outreach, work experience programmes and apprenticeships, to drive the recruitment of a more diverse and representative primary care workforce, including health inclusion groups, people with a learning disability and autistic people.

Working in this truly integrated way with people and communities offers the NHS a real opportunity to deliver more effective and sustainable change and paves the way for a much bigger prize: creating the space and opportunity to do far more on the most pressing challenge for health and social care systems: tackling the determinants of ill health and helping people to live happier and healthier lifestyles.

Ultimately, these integrated teams – rooted in the community and working across the spectrum of health and care – are the central conduit through which we can deliver the new model of integrated care.

Stort Valley and Villages PCN has created a Young People's Social Prescribing Service to support young people aged 11 to 25 with their physical and mental health. The PCN developed this model because they recognised that services for young people can be confusing and difficult to navigate. The service aims to signpost young people and their families to appropriate community-based and statutory services after they have been assessed by a GP; support general wellbeing among young people and their families in the local community; highlight how effective community interventions can be within PCNs; offer preventative interventions such as the Family Wellbeing Health Coaching Service provided by Mental Wellbeing in Schools; and work alongside other services with a view to creating activities and groups for those who have been referred. The service has had over 500 referrals since its creation in September 2019 and received positive feedback from young people and their families.

Delivering the change our patients and staff want and need: improving same-day access for urgent care

The two issues that have dominated the debate throughout this stocktake are the need for people to access same-day urgent care *and* the need for GPs to be able to provide continuity of care to those patients who need it most.

In reality, they are two sides of the same coin. Creating a resilient infrastructure and resilience around GP practices that enables same-day access to urgent care to be delivered *creates* space to deliver more continuity of care.

To get there, we are going to need to look beyond a traditional definition of primary care and understand that NHS urgent care is what patients access first in their community – typically from their home or high street and without needing a GP referral. That might be online advice on symptoms and self-care, going to a community pharmacy, a general practice appointment, an urgent treatment centre, or the 111 out-of-hours clinical assessment service. As part of accessing urgent care, a patient may then get immediate referral into emergency care or go online or talk to somebody before walking into a hospital emergency department.

People waiting for an appointment with their GP prioritise different things. Some *need* to be seen straightaway while others are happy to get an appointment in a week's time. Some people – often, but certainly not always, patients with more chronic long-term conditions – need or want continuity of care, while others are happy to be seen by any appropriate clinician, as long as they can be seen quickly.

Equally, for some patients it is important to be seen face to face while others want faster, more convenient ways of accessing treatment and there is emerging evidence of a growing appetite (even before COVID-19) for patients to access care digitally.ⁱⁱⁱ

We saw throughout the stocktake some fantastic case studies of practices and PCNs that are already working as a single urgent care team, including allied health professionals, community nursing teams and others to offer their patients the care appropriate to them when they call the surgery or book an online appointment.

The Foundry Health Centre is a single practice PCN in Sussex with 28,500 patients. Since 2019, it has sought to improve access and keep patients out of hospital. Patients are streamed using systematic triage and clinical judgement and identified as green (generally well – continuity less important), amber (long-term conditions – continuity important; appropriate reactive care delivered), and red (vulnerable or complex – continuity paramount; proactive care given). Combined with creating a dedicated 'green' site for those needing on-the-day access (and 'amber' overflow), capacity across the multi-site practice is easier to plan and manage, drawing on MDTs so patients see the right health professional at the right time.

This approach has improved continuity of care, improved access to a range of services through partnership working, and better utilised additional roles, such as pharmacists, nurses, paramedics, physiotherapists, social workers and those working on behalf of the voluntary sector. Compared with other practices on South, Central and West Commissioning Support Unit programmes, and based on the GP clinical system data, Foundry's top 5% of frequent attenders only use 30% of GP consultations compared with 40% elsewhere, and it has reduced the number of appointments being 'avoidable' from 9% to 6.5% in late 2021, with other primary care services reporting an average of 27% as 'avoidable' appointments.

Managing access for multiple services at a practice level is achievable and scalable if we create the right conditions for this to happen. Working together to make better use of capacity and workforce – as well as creating resilience to deal with demand – can not only help to significantly relieve the burden on practices struggling to cope with finding appointments for their patients, it can also help to reduce demand on other urgent care services across the NHS.^{iv}

The truth is, we *can* create a much better offer for all our patients, but it requires effective collaboration across primary care and with the wider health system in a way that we have not managed to date.

Implementing the vision for integrating primary care will enable local systems to plan and organise a coherent urgent and emergency care service by developing an integrated urgent care pathway *in the community*.

Humber Coast and Vale ICS implemented an Operational Pressures Escalation Levels (OPEL) system to understand and manage demand and capacity across primary care. Practices log their on-the-day status online, and if a practice reports capacity issues, the CCG will support and work with it to find a solution.

Though some practices were initially wary of reporting their data, through the relationships of trust between GPs and the CCG and the intelligence that OPEL provides to the system, practices now confidently report their pressures.

This has been particularly successful in Vale of York CCG where all 11 practices report OPEL escalations daily, following three years of relationship development. York CCG's practices have now gone further to improve this system by developing their own anticipated pressures reporting system through the GP Federation, to get ahead of expected demand and capacity issues the day before. Thanks to joint contributions to a shared budget, practices can confirm additional resources are in place before a busy day even begins.

How do we get where we need to be?

We should start by recognising the current system is not fit for purpose – it is fragmented and causing frustration among patients and staff. In the face of rising demand, we need to move to a streamlined and integrated urgent care system – and primary care has an essential role in achieving this.

We need to enable primary care in every neighbourhood to create single urgent care teams and to offer their patients the care appropriate to them when they pop into their practice, contact the team or book an online appointment.

The importance of improvement support, data and leadership is central to making this work and we set out some key recommendations on these later in this document.

Critically, we need to create the conditions by which they can connect up the wider urgent care system, supporting them to take currently separate and siloed services – for example, general practice in-hours and extended hours, urgent treatment centres, out-of-hours, urgent community

response services, home visiting, community pharmacy, 111 call handling, 111 clinical assessment – and organise them as a single integrated urgent care pathway in the community that is reliable, streamlined and easier for patients to navigate.

This will require some shifts to national policy too, specifically the approach to NHS 111, which we heard via the stocktake can often result in duplication of effort for patients, carers and clinicians. At the moment, we do not have a clear and consistent way of counting and measuring same-day urgent access, or unplanned waits for routine appointments. NHS England should consider developing these to support local improvement activity, linked to its wider work with systems in bringing together a set of key primary care standards.

The ultimate arbiters of the success of this approach will be our patients. We should measure patient satisfaction rates throughout this journey, and there should be a move to roll out the new National Patient Reported Experience Metric as quickly as possible. If patients are happier tomorrow than they are today because they are receiving more appropriate care when they need it, then we will be heading in the right direction.

Personalised care for people who need it most

Continuity of care, specifically the relationship between a named GP and their patient, is directly linked to improvements in patient experience and lower mortality, especially for more complex patients. This is a core strength of primary care and we repeatedly heard the fundamental importance of this from staff across primary care and patients alike.

As described earlier, not all patients want or need continuity of care; equally some patients may want continuity of care more generally but be happy to see different professionals as part of their overall care.

By managing urgent care differently and supporting the growth and development of integrated neighbourhood teams, we can create the capacity for team-based continuity, focusing specifically on those people most likely to benefit – aligned to the Ageing Well agenda, for example.

Determining which patients benefit most from more personalised continuity of care can depend on a range of medical, psychological or social reasons and should be determined through conversations with patients and using clinical judgement, as well as supported by risk stratification using the wealth of data increasingly available to primary care teams.

A personalised care approach means 'what matters to me, not what's the matter with me'. We heard a strong message via the stocktake that we must start with people's abilities and work with them to support self-care and self-management of complex and long-term conditions.

This means shared decision-making with patients and carers and improving availability and usability of patient-held records – for example, ensuring that reasonable adjustments for people with a disability are seen and accessed by all people involved in their care. It also means the further planned expansion of personal budgets and building on the progress made to date in expanding the role of social prescribing in primary care teams.

As integrated neighbourhood teams develop, they will then play a vital role in supporting people with multiple long-term conditions, who we know benefit from a team approach, vii drawing in

expertise from primary care, secondary care, social care providers and the VCSE sector to ensure there is comprehensive and co-ordinated care around the patient.

Teams should be collocated and built around the needs of the local population, with a blended mixture of primary and secondary care expertise to provide holistic care for people with more complex and chronic long-term conditions. There should be easy access to a range of diagnostics from phlebotomy, electrocardiogram and spirometry to more complex diagnostics like MRI and endoscopy, without having to bring patients into hospitals, capitalising on the nationwide rollout of community diagnostic centres.

Connecting Care for Children (CC4C) is a partnership between hospital and community health providers, GP federations, PCNs, local authorities, charities, patients and citizens in north west London. Nine child health GP hubs have been set up to provide an integrated child health model of care across multiple agencies and community-based services, with GPs and paediatricians providing specialist clinical input.

MDTs come together to discuss and manage clinical cases, sharing learning on a regular basis. As these teams have matured, they have expanded and now also focus on quality improvement, planning and identifying opportunities for proactive, preventative care: for example, bringing together child health professionals and dental experts to improve children's oral health for the GP practice population. More than 35 CC4C systems have also been established across the UK.

The programme can evidence that it has improved outcomes across patient and family experience of care; staff experience and learning; population health through preventative interventions; and reducing per-capita cost.

At place level (which we recognise will often mean local authority footprints covering populations of around 250-300,000), neighbourhood teams working together and with wider system partners, will provide more intensive support to patients. This should consolidate the multitude of existing models and teams focused on discharge to assess, virtual wards, mental health crisis response, enhanced health in care homes and urgent community response to support people who are unwell to be cared for safely at home, and for those requiring hospital treatment, to ensure safe and effective transfers into and back from hospital. Carers – and the fantastic role they play as well as the additional capacity they provide – will be essential partners to these teams.

This reorientation of our existing workforce to support our most vulnerable and complex patients to stay at home and access care in the community will, over time, contribute significantly to efforts to reduce growth in hospital demand and signal a shift away from a hospital-centric model of care that is no longer suited to the population we serve.

We have seen some excellent examples of good practice from outreach work and joint MDTs for child health, to population-based approaches to management of chronic disease, and partnership working on end-of-life care. All these were characterised by strong relationships, trust and mutual understanding between primary and secondary care clinicians. Capacity and organisational development support for changing clinical models must be identified as part of the implementation of these new teams, supported by practical tools such as job planning and e-rostering across the whole workforce.

In Frimley, an anticipatory care model was introduced to support people with either moderate frailty with eight or more co-morbidities or moderate/severe frailty with no GP encounter in the last six months. The aims are to maximise people's wellbeing, maintain independence and empower people to make their own decisions about care.

People identified as eligible for anticipatory care have a holistic assessment and then comprehensive MDT review, which is led by a geriatrician. Recommendations from the MDT are based on an individual's needs and wishes. The MDT brings together a range of professionals, including older people's mental health services, social care and reablement, pharmacy, community health, occupational therapists, a geriatrician and the GP clinical lead for frailty.

There are a range of interventions provided for people on the pathway, based on what matters to them. Typical interventions include medication reviews, falls prevention, social prescribing referrals, end-of-life planning, nutritional advice and referrals to VCSE services. Anyone in the MDT is able to input into the shared care record, which is then accessible to urgent care services.

The enduring connection to people is what makes primary care so valued by the communities it serves: creating the conditions where we can use integrated neighbourhood teams to support practices by providing personalised care to those people with greatest need, and on-the-day urgent care where appropriate, keeps the connection in place for the future.

Improving urgent care and providing more personalised care to those who need it the most will be central to improving the access issues that have beset the NHS for some time now. Beyond that – and just as importantly – it will create the backdrop and headroom for local systems and teams to work together with communities to tackle the wider determinants of health.

Preventative healthcare

As a nation, life expectancy since 2010 has been stalling, while the amount of time people spend in poor health has been increasing. This trend is driven in large part by wider socio-economic determinants and a failure to address the health inequalities that result, and it masks significant variability in outcomes, especially between more affluent and more deprived areas where healthy and overall life expectancy are lower.

Primary care has an essential role to play in preventing ill health and tackling health inequalities, working in partnership with other system players to prevent ill health and manage long-term conditions.

People in the most deprived areas of England develop multiple health conditions 10 years earlier than people in the least deprived areas. The incidence of multiple conditions is rising; without concerted, targeted responses in our most deprived communities, progress on inequalities in healthy life expectancy will continue to stall.

We have known about the inverse care law, where services are often under-resourced in areas with high deprivation compared to areas with no deprivation, for over 40 years, but efforts to address inequalities in the provision of GP services have not eradicated them.

The Core20PLUS5 approach provides a focus for reducing healthcare inequalities across systems, identifying a target population comprising the most deprived 20% of the population of England (the

Core20) and other groups identified by data (plus groups), alongside five clinical priorities for action to reduce inequalities.

Primary care already plays an essential role preventing ill health and tackling health inequalities. Through the stocktake, we have identified three areas in which primary care is taking a more active role in creating healthy communities and reducing the incidence of ill health: by working with communities, more effective use of data, and through close working relationships with local authorities.

We know that health starts at home, and we need to continue to build on successful national programmes providing lifestyle advice, from stop smoking campaigns to 'Couch to 5k'. Alcohol awareness campaigns, national messaging and campaigns on improving health and wellbeing will also remain important.

This needs to be matched with positive action in local communities; health coaches and social prescribing link workers provide a fantastic opportunity for neighbourhood teams to take a more active role in improving health, and where successfully incorporated into primary care, teams are transforming not just the lives of people and families they work with but also the culture and function of the clinical teams they work alongside. Where used most effectively, these roles can help form an effective bridge into local communities, building trust, connecting up services and galvanising the wealth of expertise in the VCSE sector.

We heard very clearly through the stocktake that the wider primary care team could also be much more effectively harnessed, specifically the potential to increase the role of community pharmacy, dentistry, optometry and audiology in prevention, working together to hardwire the principles of 'making every contact count' into more services. For example:

- on early years and children's services: working with nurseries to tackle dental caries in the
 under-fives and improve MMR vaccine delivery; working with school immunisation services
 on HPV vaccination uptake and child and adolescent mental health services; community
 health service teams improving diagnosis of autism and helping improve the health and life
 chances of children with special educational needs, as well as safeguarding
- on cancer diagnosis: community pharmacy playing a more active role in signposting eligible people to screening and supporting early diagnosis, building on a number of successful pilots such as those from the Accelerate, Coordinate, Evaluate (ACE) programme
- on positive lifestyle choices: eye checks where people are offered brief advice on alcohol and smoking and referred for smoking cessation as appropriate.

Combined with insights drawn from the community, data can empower neighbourhood teams to increase uptake of preventative interventions while also tackling health inequalities by identifying those populations and groups that may currently be underserved.

Reena Barai, a community pharmacist in Sutton, proactively attended a Director of Public Health presentation on local health and social demographics where she learned of the higher than average rates of mental health problems and suicide among young people and males in Sutton when compared to the rest of London.

Having been previously unaware of the severity of the issue locally, her pharmacy team immediately enacted a simple but crucial change in their dispensing behaviour — they endeavoured to check that any young person prescribed anti-depressants was asked how they were feeling and whether they felt the medication was helping. This opportunity to ask for help allowed many people to feel that they could talk to a pharmacist about their mental health and the pharmacy team were able to refer patients back to their GP if they felt they or the patient had concerns.

The trick for ICSs will be to normalise this sort of interaction and subsequent intervention, rather than relying on individuals going the extra mile and stumbling across crucial insights. There is also scope for efficiencies in pharmacies being able to refer onward directly, eg to mental health or other neighbourhood services.

At a place level, we have seen primary care increasingly working in partnership with local authorities (in particular public health and housing teams), local communities and other local system partners, to pool information and population health data. This means sharing expertise to understand what factors lead to poor health and wellbeing in their communities and agreeing how to work together proactively to tackle these. We have seen this type of joint working become commonplace during the pandemic, where a combination of national data tools, collaboration with local authorities and hyper-local engagement were critical success factors. This enabled teams to try different approaches to outreach and communications, get immediate feedback on what is working, and course-correct accordingly. This was essential in minimising the uptake gap by deprivation and ethnicity.

We should build on this, specifically ensuring that we have data made available to integrated neighbourhood teams on uptake of key prevention and population health measures. This will contribute to the effective co-ordination and delivery of vaccination and immunisation, screening and health checks at *place*, in line with national standards, working with NHS ICS partners, local authorities, in particular directors of public health and their teams, over the life course.

Protect Now in Norfolk and Waveney is a proactive care model which focuses on building a detailed data profile of the most deprived populations and offering tailored health interventions to meet their needs. Building on a model called Covid Protect introduced during the pandemic, it is a clinically led collaboration of more than 20 local organisations and partners including local authorities and the VCSE sector. Through the scheme, 100% of those in the top 10% most deprived areas were contacted and information about 1,764 people (49%) was collated. During COVID-19, those who engaged with Covid Protect had statistically better outcomes in terms of COVID-19 infections, mortality and admissions. This methodology has now been successfully expanded to encompass other areas such as vaccination uptake, falls prevention, pain management, diabetes prevention, cervical screening and IAPT uptake.

At a system level, ICSs, particularly through their local authority members, have the opportunity to shape and co-ordinate cross-sector efforts to support people to stay well by working with the voluntary sector, local business and education providers to provide a more consistent offer for socially excluded and most disadvantaged groups, for homeless and inclusion health services. For

example, we heard very clearly the benefit of system-level (and in some instances regional) coordination, and co-design of services for **inclusion health groups** will be essential to ensure equity of access and address the needs of people for whom traditional models may work less well.

This principle of equity extends to the life course approach taken through the stocktake. In particular, we heard that there is often insufficient attention and resources directed toward providing effective support for children and young people, and to people with a learning disability and autistic people. Ensuring integrated primary care models are able to effectively adapt their offer will be vital in improving health outcomes and reducing unnecessary future demands on the health service. A real measure of success for this and other ICS strategies will be whether ICSs have meaningfully improved outcomes and experience for these groups which are often not well-served by traditional models.

Creating the national environment to support locally driven change

Making the vison for integrated primary care a reality in every neighbourhood will not happen overnight, and additional workforce and resources – as much as they *are* needed – will not, on their own, get us to where we need to be.

We need a change in how national policy is designed and implemented, which pivots to enabling local teams to be supported to do the job they need to do. We encourage national partners including NHS England and DHSC to continue to consider how to create and support conditions for success and local flexibility, as determined by local leadership and delivery partners in service of local populations.

There are three major areas where we heard very clearly that with the right approach, we can make the biggest impact in creating the environment for local systems to succeed in delivering the new vision for primary care: **workforce**, **estates and data**.

These three policy areas are crucial to the delivery of the new model because they can enable the flexibilities on workforce that will be central to creating integrated neighbourhood teams, provide the opportunity to co-locate those teams in hubs to ensure greater accessibility for patients and a positive working environment for staff, and equip them with the information to target services where they are most needed.

It is worth noting that most of the recommendations contained in this report are by systems for systems, as well as requiring more national action on workforce, estates and data; and not all the recommendations require additional funding. It is just as important that we create an environment that *supports* local change not *dictates* it: we need to energise local ambition if the new vision for integrating primary care is to succeed.

But there is a simple reality: the pace at which we create the right environment on workforce, estates and data, both at a national and system level, directly impacts on the speed at which the model can be delivered in every neighbourhood.

Confronting workforce gaps

Primary care has never been busier, and capacity gaps lie behind most of the challenges that the NHS faces. These gaps – and the increased demand for services – were growing in the decade before COVID-19 due to workforce pressures and reduced staff satisfaction, the increasing number of people living with multiple long-term conditions, and changes in public expectations.

Layer on the demands of treating COVID-19 patients and vaccinating the nation, and we now have an extremely busy urgent care system, big backlogs of work across elective, community, mental health, social and primary care, and staff unable to offer what they think patients reasonably need. These challenges, while consistent around the country, are more pronounced in areas of greater deprivation, which risks further contributing to health inequalities.^{xi}

A new care model will not magic away our workforce challenges: we need to continue to grow the MDTs in primary care and recruit and retain as many extra GPs as we can possibly get. The plain fact is that the aggregate numbers of GP full-time equivalents (FTEs) are simply growing too slowly and we will need more action at every level to address the gap.

In headline terms, the record number of trainees masks the loss of fully trained GPs, particularly experienced partners, who also on average work more hours than salaried GPs, who in turn on average work more hours than those who work solely as locum GPs. We also face a big potential retirement bulge, and as a nation we should certainly be doing all we can to encourage all our international medical graduates – who make up 40% of all our GP registrars – to settle in England as an NHS GP on a permanent basis. We also heard that looking again at the role of the GP Performers List could enable us to increase capacity if it enables other appropriately qualified clinicians to contribute more easily as part of the primary care workforce.

Addressing the shortfall in GPs is essential and urgent. We have heard through the stocktake that there are also recruitment and retention challenges across the wider primary care workforce, particularly NHS dentistry and community pharmacy, and that there is significant variation across different parts of the country and across employers.

But the workforce picture in primary care is not all bleak. PCNs have been more successful than we all hoped in hiring extra staff in new roles. The latest data as of Q4 2021/22 shows that over 18,000 FTEs were in post by end of March 2022 – significantly ahead of the trajectory towards the 26,000 March 2024 target. This is very welcome, and progress must not stall. We welcome the clarity from NHS England that staff in post will continue to be treated as part of the core PCN cost base beyond 2023/24 when any future updates to the GMS contract are considered.xiii

We also heard a strong message through the stocktake that improving the supervision, development and career progression of individuals in Additional Roles Reimbursement Scheme (ARRS) roles is crucial to retain them and make the most of their skills and experience as part of integrated neighbourhood teams. We came across some great examples of practices and PCNs using additional roles to improve patient care, but we know there is variation across the country, something highlighted in the recent King's Fund report. Some local systems have not yet been able to make best use of the scheme due to a lack of local capacity for clinical and managerial supervision, inadequate space in practices, confusion around the purpose of some roles, administrative complexities, and lack of expertise on organisational development and role redesign to embed new roles.

Reforms to education and training to build our workforce pipeline will take time, and we acknowledge that there are no quick fixes when it comes to workforce supply, which is why a long-term workforce strategy is required. The forthcoming national workforce strategy should include a focus on primary care and support ICSs to deliver this report. However, what we also heard loud and clear through the stocktake is that given the right discretion and flexibility, systems can get on with building the right local teams *now*.

Systems working differently to shape their workforce

Creating the environment where we can be flexible and nimble in managing the broader workforce can provide some quick wins. Systems need the flexibility to think creatively about how they maximise the skills and experience across the current primary care workforce and elsewhere in the system. As well as working with system partners to promote education, apprenticeships and new local employment opportunities, ICSs should be supported in the process of appropriately de-medicalising 'care' to help deliver a more personalised offer for patients but also to help with immediate workforce supply issues.

Systems should also support the development and rollout of innovative employment models such as joint appointments and rotational models that promote collaboration rather than competition between employers, particularly where skills are scarce.

To support improved workforce planning, the electronic staff record or a similar integrated workforce solution, should be used throughout primary care to inform demand and capacity planning and enable team-based job planning and rostering to become the norm.

Not only will this support integrated neighbourhood teams to make more effective decisions, the aggregated data would support a greater national understanding of workforce pressures that should guide the development of future national workforce and estates strategies.

Berkshire, Oxfordshire and Buckinghamshire commissioned support to develop an online workforce planning tool for their PCNs. The aim was for general practice recruitment strategies and workforce plans to be better informed by population needs. They used quantitative and qualitative data to provide tailored insights to each PCN on how to meet population and workforce needs one, three and five years into the future. Subject matter experts, including data analysts, supported making sense of the information and identifying pragmatic solutions to current and future workforce challenges. These data packs have been used to inform targeted interventions, including maximising the use of ARRS roles. An insight paper was also provided to the ICS to inform their system-wide workforce strategy. PCNs have already requested to repeat the process next year to capture progress and develop increasingly sophisticated approaches to workforce planning.

ICSs developing system-level workforce data will also enable a better understanding of workforce pressures across primary care: for example, the impact of likely changes in GP numbers in each practice, allowing them to identify what actions they might take to improve recruitment and retention of GPs, such as GP returner and retainer schemes, GP mentors and mentorship schemes, and leadership schemes.

NHS England should work together with systems – recognising they will all have locally driven workforce plans – to identify what measures can be introduced to better *support local recruitment* and training of key community healthcare teams such as community nurses, care support, community psychiatric nurses and district nurses to work alongside primary care in integrated neighbourhood teams.

Extending the agenda beyond headcount

We do not just need to attract new staff into primary care; we need to create the backdrop that allows their roles to be reimagined and made more flexible and attractive – ultimately supporting increased participation and retention in primary care.

This was particularly evident in conversation with the next generation of primary care leaders, who are clear about the need for a sense of parity with specialist careers, a realistic work-life balance, their desire to work in MDTs, and having the ability to pursue a variety of roles to create a diverse working week and, ultimately, career.

There should be a more consistent and comprehensive training, supervision and development offer across primary care – including a focus on medical and non-medical staff and existing staff such as receptionists, practice managers and practice nurses, and retention strategies across early, mid and

late career. Systems will want to work with primary and community care training hubs to ensure 'the offer' they provide is broad enough to help integrated neighbourhood teams flourish.

We need to recognise that PCNs will only be able to meet the challenge set out in this report if they are properly supported. There should be a strong focus on supporting PCNs and GP practices with supervision of the ARRS roles and others, for example, making the most of multiprofessional and remote models of supervision where appropriate.

Birmingham and Solihull (BSoL) has a primary care 4Rs workforce strategy (Recruit, Retain, Returners and Role Allocation). This includes a PCN development plan co-designed with PCNs that complements the training hub, leadership academy and system peoples board. It supports recruitment and retention of ARRS roles across the system – for example, facilitating joint working between PCNs and Birmingham Mental Health Trust on mental health practitioner roles and integrating the community mental health transformation programme. All 29 PCNs have signed up to deliver PCN development plans for three consecutive years.

The strategy has an underpinning framework consisting of a range of joined-up and proactive workforce schemes for early, mid and late-career GPs and nurses. BSoL also has a thriving general practice Equality, Diversity and Inclusion Staff and Allies Network with over 300 members and 29 PCN health inequalities champions. In addition, there is a general practice flexible pools scheme locum bank.

These steps, taken together, will support ICSs to have a fighting chance of improving recruitment and retention in primary care going forward. But this will only get us so far.

Listening to and supporting our frontline staff

We also need to improve the experience of working in primary care for everyone by making the employment culture more compassionate and inclusive, and listening much more effectively to what primary care staff are telling us.

The NHS staff survey is already being piloted in some areas of general practice and now needs to be extended nationwide and considered for NHS-funded primary care. Identifying ways to support and listen to staff who are working as carers would also be very welcome, and primary care staff should have access to Freedom to Speak Up guardians, promoting an open and listening culture. Workforce data, staff surveys and other feedback mechanisms for staff, should be used by ICSs and local leaders across primary care to take action to improve equality, diversity and inclusion across the primary care workforce.

We must tackle racial discrimination and harassment^{xiv} because it is the right thing to do, it is crucial to retain our staff, and to further strengthen how the primary care workforce reflects and strengthens its connection with the diverse communities it serves. We must value the important contribution that individuals with protected characteristics, including age, sex, religion or belief, people with disabilities, those from the LGBTQ+ community, black and minority ethnic backgrounds, and with caring responsibilities, make as part of our workforce. Ensuring flexible working and other forms of support are available to these groups and any others that experience discrimination in the workplace should be central to local, system-level and national workforce strategies.

Systems should drive a more standardised and improved employment offer for primary care in line with the NHS People Promise: for example, by ensuring parity of access to system staff health and

wellbeing hubs and occupational health services, and by encouraging employers to adopt NHS terms and conditions by sharing existing good practice and model contracts.

Investing in local leadership to drive change

The role of PCN clinical directors in the future will be essential to the leadership of integrated neighbourhood teams: and when leadership is strong and purpose is clear, retention rates improve.

More focus needs to be given to the development and support of clinical directors beyond the current basic arrangements provided through the national contract, including the local provision of sufficient protected time to be able to meet the leadership challenge in integrated neighbourhood teams.

Some systems will want to go beyond this and use even more innovative ways to support clinical directors to expand and develop their integrated neighbourhood teams, for example:

- some neighbourhood teams may offer an opportunity to develop different areas of focus and specialisation, with senior GPs serving as the 'consultant in general practice' working across prevention, chronic and urgent care as part of wider teams
- securing the specialist input from secondary care required in neighbourhood teams, as part of job planning for consultants
- supporting community partners to operationally embed relevant teams as an integral part of
 existing PCN teams, recognising that the integration of community and mental health services
 with primary care is crucial to delivering more integrated care for patients in the community, as
 set out in the NHS Long Term Plan.

We also need to consider the leaders of tomorrow. Aspiring leaders already within systems and those coming though the national talent pipeline in the NHS – for example, the NHS Graduate Management Training Scheme – should, in future, be able to access development programmes that promote integrated working across systems. There should be a consistent leadership development offer accessible to primary care staff that is comparable to other NHS family providers and promotes multiprofessional leadership across the breadth of primary care. This should increase diversity across primary care and system leadership. The welcome mindset change we are seeing in the leadership of the emerging ICSs needs to be embedded and tested in what we expect of our future leaders. It is important that primary care leaders can see a career path that extends into system roles in neighbourhoods, provider collaboratives and beyond.

Suffolk and North East Essex One Clinical Community leadership development programmes aim to cross multi-organisational boundaries, support a common purpose across practitioners in the community, develop trust and improve outcomes, and build a network of effective leaders who can together address the key challenges in the wider health and social care system. Since it was commissioned in 2018, the programme has evolved to support leadership development across the eight integrated neighbourhoods teams (INTs) within the Ipswich and East Suffolk Alliance. The core members of INTs on the programme come from community services, social care and mental health, with additional participation from staff working in general practice, secondary care, charity and voluntary sectors, public health and district and borough councils. An evaluation by the University of Suffolk found that the programmes' objectives to enhance leadership skills, support personal development and for the skills and knowledge developed to be applied through the practice of integration impacting teamworking, were met.

Reimagining our approach to primary care estates

In parallel, we need to address and rethink our second capacity constraint: space.

Next steps for integrating primary care sets out a vision of integrated neighbourhood teams, providing joined up accessible care. But much of the general practice and wider primary care estate is frankly not up to scratch.

There are 8,911 premises in England, 22% of which are pre-1948 and 49% of which are owned by GPs, 35% owned by a third party, and 14% owned by NHS Property Services.** Around 2,000 premises have been identified by GPs as not being fit for purpose,** and there was strong feedback throughout the stocktake that we do not start thinking about estates early enough in our planning and frequently regret it.

Estates are so much more than buildings. We must move to a model that makes estates a catalyst for integration rather than a barrier to it. This new model should focus on patient needs, create a positive working environment for staff and provide adequate space for key activities like training and team development. Creating the right environment has to start with understanding what we have got in terms of estates, something that is best undertaken locally.

In **Dorset**, the primary care estates team has undertaken an 18-month programme to pull together practice profiles for its 120 general practice sites. These profiles include ownership models, square footage, utilisation etc, and are supporting the development of a broader strategic network plan that allows PCNs and practices to take a holistic approach to estates planning.

The focus of capital investment has been weighted towards secondary care – something that now needs to change. Layered onto this is the fact that the GP owner-occupier model includes perverse incentives which can make cross-system collaboration more difficult.

As with workforce, we need to recognise that the current mindset and approach to estates need to change, and that we need to create the permissions and support for local systems to build estates models that better align with delivery of clinical, digital and workforce strategies. Despite investment constraints, there is real opportunity locally to start to deliver improvement now.

We need a detailed review of the space available in each system, service by service, to inform the ICS estates infrastructure strategies. These reviews should help us understand what we have got and what we can fix locally, as well as help us prioritise funding as and when capital becomes available.

ICSs have the reach to take a 'one public estate' approach and think creatively about primary care estates, considering:

- developing primary care estates plans from the perspective of access, population health and health inequalities
- making use of local authority, third sector and community assets, building on the approach to COVID-19 vaccination, including places of worship, community centres, and allotments
- making creative use of void and vacant space in the NHS Property Services and Community Health Partnerships portfolio
- opportunities for co-locating primary care when bringing forward secondary care estates plans

- pragmatic, low-cost opportunities to repurpose existing space, within local funding streams, as well as making use of the potential ability of the local authority to raise capital beyond NHS limits to fund new estates
- opportunities for locating primary care onto the high street as part of local economic regeneration.

In Waltham Forest, north east London, a new state-of-the-art health centre following partnership working between the borough council and local NHS has been built. The £1.4 million building, located within the Sutherland Road development in Walthamstow, is due to open in spring 2022 – providing a modern and spacious new home for GPs and other staff at the Lime Tree and Sinnott Healthcare medical practice.

The project formed part of the council's capital plan for regeneration, which included the desire to improve healthcare infrastructure across the borough, in response to demographic changes and increased local demand for primary care services.

The new purpose-built centre will enable the GP practice to relocate from its existing premises and allow it to expand its current registered list from 6,500 to 10,000 patients over the next 15 years. The new-look practice will also benefit from investment in digital technologies to facilitate self-monitoring – allowing patients to take greater control of their own care, alongside convenient access to a wider range of health services in the community.

As systems, we should already be thinking about tackling those issues that create barriers to change. 'Last partner standing' scenarios may require systems to find innovative solutions that maintain service quality and continuity when partnerships propose handing back Primary Medical Services contracts. For example, where the overall benefits to patients and avoided costs of replacing provision would justify it, there may be options such as to transfer ownership to public or commercial system partners. In scenarios such as this, NHS England needs to give permission to systems to make difficult choices, but ones which will ultimately benefit our patients and the taxpayer.

Data, data, data

Integrated neighbourhood teams can only flourish if we ensure information about patient care can be properly shared – for use in providing and improving the co-ordination of care at an individual level, and for wider planning and research. Working across the whole of primary care, PCNs should be given the tools to make routine use of population data to inform how they design care for the people they serve.

PCNs and wider neighbourhood teams need to be able to read and write seamlessly into a shared patient record that provides a single version of events for each patient with appropriate information governance arrangements in place. They also need to be able to access real-time data on demand, activity and capacity so that they are able to improve services, identify gaps and take action to redistribute resources and plan workforce accordingly.

Data sharing is often not the norm in the NHS or other public services, despite the fact that most patients expect relevant information about their care to be shared between different professionals and organisations involved in their care. A number of ICSs are already working through plans for improving data sharing in their area and working with providers collaboratively to co-produce this,

looking at how to best invest in the essential IT infrastructure that underpins this – including establishing IT systems that can do the difficult work of linking datasets to enable population health management.

It has always been true that if you give clinicians the data they will respond. Systems can enable this by putting in place a local transformation function which includes joined-up intelligence, improvement and other support functions with a deep understanding of primary care, organised and funded at system or place level, but wholly orientated to provide support for their neighbourhood teams.

System P in Cheshire and Merseyside utilises multiple sources of intelligence to categorise population segments, and then explore the way in which these different groups of people interact with health and care services, and whether their needs are being met in the most effective and person-centric way. The initial focus is on two priority segments: Complex Lives and Frailty & Dementia, both of which have a unique set of needs and risk factors, which must be taken into consideration if outcomes are to improve. Partnership working with the University of Liverpool and utilisation of the CIPHA (Combined Intelligence for Public Health Action) platform is putting both the data and expertise in place.

For much of the country, neither of these things exist and need to be put in place. As part of this, systems will need to consider how they can develop sufficient expertise in data analytics at the right level, including retraining existing staff and planning to increase recruitment in key roles. This means a change of mindset – from a previous focus on using data to inform commissioning and monitoring of contracts, to a two-way process of using data to drive improvement.

Systems have a role to play in articulating a clear plan for data sharing across the system to support the development of population health management approaches at neighbourhood and place level, enabled by a clear information governance framework and work closely with providers and patients to co-produce data sharing agreements where appropriate.

Creating the digital infrastructure needed to underpin integrated primary care

Digital technology has the potential to transform how people access primary care, how services are delivered and how we plan care to better meet the needs of local communities. Often, however, the underlying infrastructure to enable this transformation is lacking – with wide variation in digital maturity, knowledge of digital transformation and procurement across and within systems.

In Brent, London, 20 practices created a centralised 'eHub' for online consultation management.

The eHub supports practices to manage increasing levels of patient demand; leverage economies of scale; share existing and additional workforce, resources and flex capacity; optimise additional roles by distributing work to the right person; collaboration and peer support.

The eHub enables clinicians to view patients' 'home' practice records and write to the 'community' record. Notes are shared with the 'home' practice through a 'discharge summary'.

The eHub closes around 90% of online consultations. Face-to-face appointments remain available through patients' 'home' practice and local, face-to-face extended access hub. Many patients reported that they like the improved convenience and speed of the new online access system. The eHub helps reduce pressure on 'home' practices, reduce patient waiting times and enables a faster response. Most requests sent to the eHub are 'closed' by it, increasing time for practices to focus on patients with more complex needs.

During the pandemic, digital technology played an increasingly important role in maintaining services for patients who were happy to use it. We also learned that we can roll out digital technology at pace when circumstances demand. Having created a greater appetite for digital services – both among patients and staff – we should continue to offer a greater diversity of services in this way.

ICSs have a vital role to play in developing a more coherent approach to digital transformation in primary care that focuses on improving patient experience and outcomes. Some are already conducting baseline assessments of the current state of digital infrastructure in their area and understand current needs and gaps and exploring how cloud telephony and online consultation tools, for example, can help to deliver more streamlined systems for accessing general practice.

ICSs can support the development of more interoperable IT systems by following 'what good looks like' principles and the GPIT operating model when making decisions about IT investments and products, and they can leverage their larger scale and purchasing power to improve value for money and quality of service.

Systems will also have a vital role in providing a digital training offer for clinical and non-clinical primary care staff. They will need to consider how digital expertise and leadership inform decision-making at every level. Some have already chosen to appoint a chief information officer (CIO) or chief clinical information officer (CCIO) at executive level, as well as named leads for primary care digital transformation. Digital transformation needs to be embedded as part of a more holistic approach to primary care transformation.

Critically, decisions about digital infrastructure in primary care need to be made in partnership with those who will use them – including engagement with both staff and patients. Ensuring that potential barriers to using digital tools, such as digital exclusion, are understood and addressed will be particularly important. Establishment of digitally enabled primary care hubs on a neighbourhood footprint will be a priority.

Hard-wiring the system to support change

Throughout the course of the stocktake we had a number of themed working groups with expertise from every part of the system coming together to think about the kind of changes we would need to see both to inform the new model but critically how to make it deliverable.

There are a range of near-term and longer-term actions – for systems, national organisations and government – that we can be getting on with now to directly support the delivery of the new model.

Taken together the actions outlined in this section will not just create the conditions for the new vision of integrated primary care to succeed, they will create a common sense of purpose for the ICSs to maximise the impact of new ways of working that the reforms create the opportunity for.

The recommendations in this section are by no means exhaustive and while the majority of this report places the onus on new ICSs to deliver the new model, this can only be done if national policy aligns to enable them to deliver it. To that end, we encourage national partners/DHSC and NHS England to undertake further work to consider the existing legislative, contractual, commissioning, and funding frameworks, which were out of scope for this stocktake. This work should consider what further changes could enable and incentivise this integrated model of care and new models of primary care; and how to improve equity in distribution of resource to ultimately improve health outcomes.

Workforce

The forthcoming national workforce strategy should focus on primary care and identify the wider skills and roles required for successful neighbourhood and place-based teams. This strategy should build on Health Education England's (HEE) Strategic Framework 15 and must inform any future national estates plans to ensure adequate space for training, development and service provision. NHS England should simplify guidance and address common misunderstandings regarding ARRS, as well as consider further flexibilities that could be introduced that support recruitment in the short term. NHS England should work with DHSC and HEE to consider how the scheme should operate after March 2024, including the role of ICSs in working with national colleagues and PCNs in delivering it.

The NHS Staff Survey should be rolled out nationally across primary care, building on current pilots in general practice to provide parity across the NHS family – as soon as funding permits.

Estates

DHSC and NHS England should provide additional, expert capacity and capability to help offer solutions to the most intractable estates issues, and practical support to work through them, as well as building ICS estates expertise. DHSC and NHS England should consider what flexibilities and permissions should be afforded to systems to allow shaping and influencing of the physical primary care estate, including through reviewing the Premises Cost Directions. DHSC should ensure that primary care estate is central in the next iteration of the Health Infrastructure Plan.

The estates reviews, aided by the national plan, are central to creating coherence across services and sectors, and they should drive the transition to a modern, fit-for-purpose primary care estates offering – including future development of hubs within each neighbourhood and place to co-locate

integrated neighbourhood teams, as well as linking into the wider rollout of community diagnostic hubs, for the provision of more integrated services.

Data and digital

National action is needed to help put in place the data and digital infrastructure necessary to transform primary care.

NHS England will need to work with ICSs and IT suppliers to ensure business intelligence tools and timely data are made readily available to practices and neighbourhood teams in an easy-to-use format, supported by the development of real-time data visualisation and standardisation of approaches to data to enable comparability tools.

NHS England can also support ICSs to improve data sharing for direct care, service improvement and research by publishing a revised national template data sharing agreement, making clear that practices will not be liable for General Data Protection Regulation breaches relating to data shared under the agreed terms – an issue that is proving a barrier to setting up such agreements in some areas. It will also need to provide systems with guidance on minimum standards for procurement of analytical software and ensure training, tools and a comprehensive support offer are available.

Both NHS England and systems need to work together to engage both communities and staff in why sharing data is so important and will help improve patient care.

Access

NHS England should consider the implications of a neighbourhood-based approach to urgent sameday access in future national guidance on the wider urgent and emergency care pathway, specifically NHS 111 and integrated urgent care.

NHS England should consider the development of new metrics and standards on urgent and routine access, and introduce as planned, the new patient-reported experience measure for access to general practice.

Pivoting to locally led investment and support

This report marks a strategic pivot to system-led approaches as a key way of driving up access experience and outcomes in primary care.

National contractual arrangements, including for PCNs, have provided essential foundations including for chronic disease management and prevention. But they can only take you so far. As already highlighted in the report, getting to integrated primary care is all about local relationships, leadership, support and system-led investment in transformation.

ICSs putting in place the right support locally will be enabled by maximising what control ICSs have over the direction of discretionary investment. This should be looked at by NHS England as part of the implementation of recommendations.

It is also generally accepted that the distribution of primary care funding to neighbourhoods is not always well aligned to system allocations and underlying population health needs – and we need a concerted local effort to try and fix this. ICS leaders have already started to review discretionary investment in primary care to address this issue, working with clinical colleagues to understand the data and make the case for alternate approaches.

ICBs have an opportunity to establish a firm understanding of current spending distribution across primary care weighted by deprivation and other elements of the Core20PLUS5 approach, which can then inform discussions on how discretionary investment can be more purposefully directed to address health inequalities and form the basis of work to secure collective commitment from all system partners to this redistribution.

In Leicester, Leicestershire and Rutland action has been taken to address inequalities in the existing primary care funding model, which is primarily driven by age and gender and not reflective of actual patient need at practice level. They are also tackling disparities in service provision; a population health-based model found that underfunded areas were the most deprived.

The new model calculates practice payments by setting aside the core staff components, based on the current practice core contact income. The remainder of core contract funding and other funding in the model is distributed to practices based on needs and deprivation (90:10). As a result, approximately £3 million was identified to rebalance a fairer level of baseline funding across all practices, based on need and demographics, and the model enables future investments in primary care to be transparently distributed at practice and place, based on population health need.

Beyond national contract entitlements, there are also too many small national pots of programme and system development funding money, ringfenced for particular purposes, which undermines how efficiently resources are allocated. NHS England should consider combining and simplifying central programme and transformation budgets for primary care.

Backing existing practices and new models of provision for primary care

The successful delivery of the new model can only be optimised if systems ensure they bring GP practices of all different shapes and sizes with them. We need to recognise that maintaining stability in general practice will be central to being able to deliver the new model of integrated care.

We need to ensure the right arrangements are in place to support primary care where it wants to work with other providers at scale by establishing or joining provider collaboratives, GP federations, supra-PCNs, or working with or as part of community, mental health and acute providers. Both the contract and funding arrangements were out of scope of this review. But it is clear that changes to these could support this vision. We recommend that DHSC and NHS England rapidly undertake further work to understand how changes to these could support the implementation of integrated and new models of primary care.

Where there are gaps in provision, or individual providers are rated 'inadequate' by CQC, ICSs should provide tailored support to practices to improve and, where appropriate, actively commission new providers of integrated list-based primary care, in particular for the least well served communities. ICSs should more generally also provide a primary care support offer for all providers, that includes a focus on quality improvement.

The role of ICSs in supporting the development of integrated primary care as part of a national support and development offer should be explicit with accountability for delivery of integrated primary care reflected in the ICS accountability framework, including the respective roles of ICS and place-based leaders.

Enabling primary care at a system level

System-level expertise on primary care should go beyond contracting to building relationships and developing capabilities within systems as they build their new teams. We heard throughout the stocktake of the importance of a core set of capabilities to support improvement and transformation, with quality improvement; digital, data and analytics; understanding local communities and user experiences; physical infrastructure; workforce planning and transformation; service design; and the development of the primary care provider landscape coming up most frequently.

These key primary care capabilities need to be in place for all systems, but not all need to be provided in-house – some may be brokered or commissioned from other providers at scale: eg GP federations, acute, community or mental health providers, or commissioning support services.

Dudley Integrated Health and Care NHS Trust (DIHC) was created in 2020 by local GPs to provide out-of-hospital care by integrating primary care with community-based services and providing strategic and operational support. Forty-one practices signed an integration agreement with DIHC, committing general practice to deliver a primary care operating model in return for DIHC providing wider workforce and support to enable the model and the Dudley Quality Outcomes Framework to be achieved.

Primary care is at the centre of all DIHC planning and development. Through a management agreement, DIHC supports the running of services and provides a turnaround team to address quality of service or management issues. DIHC produces workforce and estates plans on behalf of the PCNs each year, which PCNs tailor to their population's needs. DIHC employs, trains, supervises and operationally manages all ARRS staff on behalf of PCNs and has established a pharmacy team of 50 to support all practices.

DIHC working with primary care is improving population health outcomes, providing a consistent service offer and supporting delivery of a sustainable model of general practice by providing support though extended access, community services, care home support, and PCN Direct Enhanced Service delivery. Dedicated management capacity and clinical leadership capabilities support primary care planning and development and enable the development and expansion of the range of commissioned services.

All systems should carefully consider the breadth and level of their organisational capacity and capability to turn this framework for integrated primary care into local reality, taking account of responsibilities for commissioning NHS community dentistry, pharmacy and optical services from April 2023.

Embedding primary care leadership throughout systems

ISCs come into being on 1 July this year and have the opportunity to ensure that primary care is deeply embedded in the new governance arrangements they are designing. There are some well-established existing forums for bringing clinical leaders and professions together, in particular for general practice.

ICSs will want to ensure that primary care leadership across all four pillars is embedded across systems – this might be through the creation of a primary care forum or network with credibility and breadth of views to be able to advise the ICS. Building relationships with existing local professional

committees across all four pillars of primary care, such as *local medical, pharmaceutical, dental and optical committees and primary care audiology,* will ensure the support and collaboration of key local leaders in improving access, experience and outcomes for patients and communities.

To ensure that primary care and the views of the communities it works in are heard throughout systems, integrated neighbourhood teams should be well linked to – and represented on – all place-based boards. The connections integrated neighbourhood teams will build both with their respective communities and between them will be invaluable in the planning and decision-making that happens at a place board.

The Black Country and West Birmingham Primary Care Collaborative was established to promote the interests and sustainability of primary care services and ensure a single voice for primary care in decision-making at all levels within the ICS.

It represents grassroot primary care views, and in turn reflects patient and public needs and focuses on tacking inequalities in the planning and delivery of services.

It joins all primary care professionals at a Black Country level, including GP practices, GP federations, primary care providers, local medical committees and PCNs. The collaborative plays a leading role in the design and development of the ICS primary care transformation strategy and acts as an expert reference group to the ICB around primary care issues.

In its next phase, other independent contractors (including pharmacy, optometry and dentistry) will be included as delegation of statutory responsibility shifts to the ICS and is also intended to extend to include community services.

Conclusion

Throughout this stocktake I have been overwhelmed by the energy, hope and appetite for improvement and change that exist today in the NHS. This is all the more remarkable given what everyone has been through for the last two years in supporting patients, families and neighbourhoods through the pandemic.

There is real evidence that the experiences of individuals and teams over the last two years — alongside the enormity of challenge we face in recovery — are forging a new determination to work together to fix the issues that sometimes hold us back from delivering the best services and care.

We arrive at this moment with an opportunity – through the creation of ICSs – to be brave in embracing new ways of working: to reimagine how we might deliver care in the future. To organise ourselves differently and better. To work together, no matter what part of the NHS we're in.

We've learned through the pandemic the true value of bringing people together and working in partnership to come up with local solutions. Communities up and down the country rallied as they never have before to support the COVID-19 vaccination programme and save lives. Harnessing that energy and working with those same communities to rebuild services to be more effective in delivering what they need has to be at the heart of everything we do.

That's why shifting our focus now onto developing integrated neighbourhood teams, places and systems gives us such a great opportunity to build a new, more effective health service designed with our communities to fit their needs.

We also arrive at the point with a growing belief in how we can use digital and technology much better than ever before. The rapid development and rollout of technology-based solutions to support remote care during the pandemic helped all of us to realise the rapid opportunities this presents. More and more people want to use apps and mobile devices to support their healthcare – and this doesn't have to be at the expense of face-to-face care, indeed as this stocktake shows, providing technology-based services for those who want them can free up more time for face-to-face care for those who need it.

Our biggest challenge is creating the conditions by which local change can happen – and that's going to require pivoting away from top-down directives and creating an environment that supports local change, not dictates it from the centre.

Ensuring local systems can access the right data to support the integrated neighbourhood teams to help primary care enhance the services it can provide is a good example. We also need to change step on how investment and financial support flows through the system. More new money is always welcome, but as a minimum every effort should be made to create as much local flexibility around discretionary funding as possible. That won't just support local teams to shape services in a way their communities want them to, it will help them create the right incentives to being GP practices of all shapes and sizes with us on this journey.

The glue that holds all of this together is leadership: investing in leadership at PCN, place and system level will be the difference between success and failure in integrating primary care. The talent pool that exists in primary care is vast: supporting and nurturing that talent to be innovative, brave and collaborative in leading the changes outlined in this stocktake will help to reignite appetite for change and improvement in neighbourhoods right across the NHS.

Very little of what is outlined in this stocktake is easy to deliver: I wouldn't have been asked to undertake this work if it were. But the prize of delivering the ideas outlined in this document is greater than just improving the experience, access and outcomes of primary care: I believe that working this way we can strengthen trust within the NHS and rebuild confidence in the services it provides.

Dr Claire Fuller

WM.

26 May 2022

Annex: Framework for shared action

2	Develop a single system-wide approach to managing integrated urgent care to guarantee same-day care for patients and a more sustainable model for practices. This should be for all patients clinically assessed as requiring urgent care, where continuity from the same team is not a priority. Same-day access for urgent care would involve care from the most clinically appropriate local service and professional and the most appropriate modality, whether a remote consultation or face to face. Assist systems with integration of primary and urgent care access, specifically looking at the role of NHS 111, and considering the development of new metrics and standards on urgent and routine access, and introduce as planned, the new patient-reported experience measure for access to general practice.	NHS England
3	Enable all PCNs to evolve into integrated neighbourhood teams, supporting better continuity and preventive healthcare as well as access, with a blended generalist and specialist workforce drawn from all sectors. Secondary care consultants – including, for example, geriatricians, respiratory consultants, paediatricians and psychiatrists – should be aligned to neighbourhood teams with commitments reflected in job plans, along with members of community and mental health teams. With teams collocated within neighbourhoods, to extend models of personalised care, embed enhanced health in care homes and develop a consistent set of diagnostic tests. At place level, bring together teams on admissions avoidance, discharge and flow – including urgent community response, virtual wards and community mental health crisis teams. Focus on community engagement and outreach, across the life course. Proactively identify and target individuals who can benefit from interventions in neighbourhoods, committing to delivering neighbourhood teams first for Core20PLUS5 populations. Co-ordinate vaccinations, screening and health checks at place level, in accordance with national standards.	ICSs
4	Co-design and put in place the appropriate infrastructure and support for all neighbourhood teams, across their functions including digital, data, intelligence and quality improvement, HR, finance, workforce plans and models, and estates. Specifically put in place sufficient support for all PCN clinical directors and multiprofessional leadership development, and protected time for team development. Baseline the existing organisational capacity and capacity for primary care, across system, place and neighbourhood levels, to ensure systems can undertake their core operational and transformation functions.	ICSs

5	Develop a primary care forum or network at system level , with suitable credibility and breadth of views, including professional representation. Ensure primary care is represented on all placebased boards.	ICSs
6	Embed primary care workforce as an integral part of system thinking, planning and delivery. Improve workforce data. Support innovative employment models and adoption of NHS terms and conditions. Support the development of training and supervision, recruitment and retention and increased participation of the workforce, including GPs.	ICSs
7	Include primary care as a focus in the forthcoming national workforce strategy to support ICSs to deliver this report (NHS England). Recognising this is not currently funded, commit to future rollout of the NHS Staff Survey in primary care. Examine further flexibilities, and better communicate existing flexibilities, in the Additional Roles Reimbursement Scheme. Specifically consider, with DHSC and HEE, how the scheme should operate after March 2024, including the role of ICSs in working with national colleagues and PCNs in delivering it. Review the GPs Performers List to enable other appropriately qualified clinicians to contribute more easily as part of the primary care workforce.	DHSC with NHS England and HEE
8	Pivot to system leadership as the primary driver of primary care improvement and development of neighbourhood teams in the years ahead. Move to greater financial flexibility for systems on primary care. Bring together existing national primary care funding wherever practicable. Beyond 2023/24, maximise system decision-making on any future discretionary investment, beyond DDRB and pay uplifts.	NHS England
9	Improve data flows including by (i) solving the problem of data- sharing liability, issuing a revised national template; (ii) working with system suppliers on extract functionality; (iii) improving data to support access (actions 1 and 2 above), and (iv) helping to identify population cohorts to be targeted by neighbourhood teams.	NHS England
10	Develop a system-wide estates plan to support fit-for-purpose buildings for neighbourhood and place teams delivering integrated primary care, taking a 'one public estate' approach and maximising the use of community assets and spaces.	ICSs
11	DHSC and NHSE should provide additional, expert capacity and capability to help offer solutions to the most intractable estates issues, and practical support to work through them, as well as building ICS estates expertise. DHSC and NHSE should consider what flexibilities and permissions should be afforded to systems to allow shaping and influencing of the physical primary care estate, including through reviewing the Premises Cost Directions. DHSC	DHSC and NHS England

		1
	should ensure that primary care estate is central in the next	
	iteration of the Health Infrastructure Plan.	
12	Create a clear development plan to support the sustainability of	ICSs
	primary care and translate the framework provided by Next steps	
	for integrated primary care into reality, across all neighbourhoods.	
	Ensure a particular focus on unwarranted variation in access,	
	experience and outcomes. Ensure understanding of current	
	spending distribution across primary care, compared with the	
	system allocation and health inequalities. Support primary care	
	where it wants to work with other providers at scale, by establishing	
	or joining provider collaboratives, GP federations, supra-PCNs or	
	working with or as part of community mental health and acute	
	providers. Tackle gaps in provision, including where appropriate,	
	commissioning new providers in particular for the least well-served	
	communities.	
13	Work alongside local people and communities in the planning and	ICSs
	implementation process of the actions set out above, ensuring that	
	these plans are appropriately tailored to local needs and	
	preferences, taking into account demographic and cultural factors.	
14	In support of systems, set out how the actions highlighted for NHS	NHS
	England will be progressed.	England
15	DHSC and NHS England should rapidly undertake further work on	DHSC and
	the legislative, contractual, commissioning, and funding	NHS England
	framework to enable and support new models of integrated	
	primary care. This work should also consider how to improve equity	
	in distribution of resource and ultimately improve health outcomes.	

Workstream and task and finish group chairs

This stocktake has been informed by invaluable insights from nine workstreams and four task and finish groups, the Chairs of which endorse its findings

Professor Simon Gregory

Deputy Medical Director, Primary and Integrated Care, Health Education England Chair, Workforce, people, leadership, education and training workstream

Thun C

Thirza Sawtell

Managing Director/
Integrated Care,
St George's, Epsom and St
Helier Hospitals and Health
Group
Chair, Governance &
decision-making workstream

Jona Nr

Íoanna Killian

Chief Executive, Surrey County Council Chair, Start well lifecourse workstream **Dr Neil Modha**

West Moelle

GP Partner and Chair of Greater Peterborough Network GP Federation Chair, Data, pop health data, demand & capacity, risk stratification and health inequalities workstream

+5

Dr Harpreet Sood

Non-Executive Director, Health Education England, and founding board member, Digital Health London Chair, Non-physical access and digital workstream Fatima Khan Shah
Associate Director, Long
Term Conditions and
Personalisation, West
Yorkshire and Harrogate

Health and Care Partnership Chair, Engagement with people and communities

workstream

Jan Thomas

Chief Executive Designate, Cambridge and Peterborough ICS Chair, Physical access and estates workstream

Glen Burley

Chief Executive, South Warwickshire NHS FT, Wye Valley and George Eliot NHS Trusts Chair, Live & work well

Tracey Bleakley

Chief Executive Designate, Norfolk and Waveney Integrated Care System Chair, Ageing and dying well lifecourse workstream

Dr Nick Broughton

Chief Executive, Oxford Health NHS Foundation Trust Chair, Mental health task and finish group **Daniel Elkeles**

Chief Executive,
London Regional D
Ambulance for the Lon
Service Office of H
Chair, Urgent and episodic care task and finish group Fevention

Kenin A. Illeo

lifecourse workstream

Professor Kevin Fenton

Regional Director for the London Office of Health Improvement and Disparities Co-Chair, prevention task and finish group

Dr Jaweeda Idoo

Clinical Champion for Personalised Care, Greater Manchester Health and Care Partnership Co-Chair, prevention task and finish group

Rob Webster

Chief Executive, West Yorkshire Health and Care Partnership Chair, Learning disability and autism task and finish group

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PRUComm (2022). Eleventh National GP Worklife Survey 2021, NHS Digital (2020). Dentists' Working Patterns, Motivation and Morale – 2018/19 and 2019/20, Royal Pharmaceutical Society and Pharmacist Support (2021). RPS and Pharmacist Support Mental Health and Wellbeing Survey 2021

Access to and delivery of general practice services - The Health Foundation

iv https://www.youtube.com/watch?v=z Sp5Rzwb8o

v https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8510690/

vi https://bjgp.org/content/72/715/e91

vii https://www.rcgp.org.uk/clinical-and-research/our-programmes/clinical-priorities/efficient-multimorbidity-management.aspx and https://www.bmj.com/content/345/bmj.e5205

viii https://www.health.org.uk/publications/reports/the-marmot-review-10-years-on

^{ix} The Health Foundation. Briefing: Understanding the health care needs of people with multiple health conditions. November 2018. https://www.health.org.uk/publications/understanding-the-health-care-needs-of-people-with-multiple-health-conditions

^x The Health Foundation. Tackling the inverse care law. January 2022: https://www.health.org.uk/publications/reports/tackling-the-inverse-care-law

xi <u>'Levelling up' general practice in England - The Health Foundation; Build Back Fairer: The COVID-19 Marmot Review - The Health Foundation; and socio-economic inequalities in access to planned hospital care - 210513.pdf (strategyunitwm.nhs.uk)</u>

xii General Practice Workforce - NHS Digital: the comparison between contracted hours can be calculated by dividing the FTE figures by headcount for each individual or for each staff role – based on the March 2022 data, GP partners work an average of 85.5% of FTE, salaried GPs an average of 64.0%, and regular GP locums an average of 40.9% in a general practice setting.

xiii Update to the GP Contract agreement 2020/21 – 2023/24 (2020)

xiv Pan-LondonDiscriminationRacismPrimaryCareSurvey Final.pdf

xv Primary Care Estates Data Gathering Programme

xvi NHS Property and Estates (publishing.service.gov.uk)





Shrewsbury Health and Wellbeing Hub

Health and Adult Social Care Overview and Scrutiny Committee

Background

- We are contending with several issues within general practice in Shrewsbury which need our immediate attention.
- Practices are in varying states of condition most are either no longer fit to deliver modern healthcare services and/or do not have enough space to meet future demand.
- Patient lists are growing, life expectancy rates are increasing, and treatment has progressed to focus on mental health, preventative care and managing long-term conditions.
- We want general practice to continue as the bedrock of the NHS, to deliver continuity and improved access for patients.
- We therefore must acknowledge that change is necessary to ensure general practice in Shrewsbury is fit for the future and the best it can be for our patients.



Briefing documents

The following are published briefing documents and resources that have been shared with our stakeholders:

- Case for change
- Case for change summary

Frequently asked questions

- Engagement resource repository for stakeholders
- Focus group presentation (Phase 2)
- Listening exercise engagement report (Phase 1)





Shrewsbury Health and Wellbeing Hub

- Shropshire was chosen as one of six pilot areas in England for a health and wellbeing hub – marking substantial and much-needed national investment.
- The hub would involve the co-location of GP practices alongside other health, social care and voluntary and community services. This is aimed to include diagnostics which would be available for all to utilise not just the members of the GP practices.
- Elt would enable individual practices to work in a building with other services on site, helping to improve levels of access across services, promoting proactive and coordinated care, enabling multidisciplinary working and innovative approaches.
- The building would be owned by the NHS which will be more cost effective for practices as they won't have to pay high rent and maintenance charges to private landlords.





Programme aims

The main programme aims of the hub are:

- Improving safety and quality: Making sure our services are clinically safe and tackling the backlog of elective procedures.
- Integrating services within the community: Developing local health and care hubs to improve the physical and mental health of people, better manage hospital admissions, and establish new models of care to best serve our communities.
- Tackling ill-health, health inequalities and access to health care.
- Economic regeneration: Contributing to innovation, productivity and good quality work opportunities to improve the health and wellbeing of our population.
- Workforce stability: Making our health and care system a great place to work.





Myth buster

- We are not closing GP practices they will be relocated to the new hub.
- This is part of a national pilot programme. It is the largest national pilot which marks a substantial and much-needed investment for general practice in the town. There are examples of this model working well throughout the country.
- Services are not reducing; some will be relocated or will be expanded into the hub.
- Plans are in progress and our engagement activity is crucial to involving patients and the public in shaping proposals.
- Our engagement is aimed at understanding what is important to our patients and what is a viable solution to the issues faced.
- All practices involved have asked the CCG to be included in the programme.





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The case for change





Finding a viable solution

- Working within the parameters of a challenged health system, as well as realistic
 workforce capabilities, we think the only viable solution to the issues faced is to
 develop an integrated health and wellbeing hub.
- We are in the formative stages of proposals; however, we think this is the right course of action for our patients as well as for the future of the practices involved.
- It is also a priority to retain our hard-working clinical and support staff. We need to offer attractive conditions to retain and recruit, as well as a viable option that works best for our current workforce.
- The Shrewsbury Health and Wellbeing Hub is a working hypothesis, and we require the views of our patients and partners to shape the facility around the needs of the community.





Driving forces

Broader driving forces are indicative in the aims of the new ICS:

- Financial and operational pressure: Simply, if action is not taken now more difficult challenges will be faced and some practices will become unsustainable.
- Rising demand: With increasing pressures, targets for planned care not being met and the number of available beds continues to fall strains on capacity will only get worse.
- Recruitment and retention: Retaining our hard-working, dedicated clinical and support staff is a priority. We need to offer attractive conditions so we can recruit in the future.
- Collaboration: ICSs are a new opportunity to work together to deliver better health and care services for our populations.





The changing face of general practice

- General practice is the first contact in the healthcare system. GP patient lists are growing: An average of 2,461 in 1948; but closer to 9,000 today.
- Life expectancy is increasing: Long-term conditions are prevalent like diabetes and obesity. Treatment has progressed from single physical appointments to a greater procus on mental health, preventative care and managing long-term conditions.
- SGP practice buildings are typically converted from houses and cannot be extended or modernised to meet future demand or accommodate other services.
- 50% are owned by GPs, 35% by private landlords, and 15% are owned by one of the two NHS property companies.
- These buildings cost the NHS approximately £940 million a year and are therefore not the best use of taxpayers' money.



The GP practices involved

- The practice involved and would fully relocate to the hub include: The Beeches Medical Practice, Belvidere Medical Practice, Claremont Bank Surgery, Marden Medical Practice, Marysville Medical Practice and South Hermitage Surgery.
- Radbrook Green and Mytton Oak surgeries will offer extended services.
- Most of the practice buildings are no longer fit to deliver modern healthcare services and/or do not have enough space to meet future demand.
- Running costs (rent and maintenance charges) for buildings run by private landlords have also made some buildings unaffordable.
- We want to allow for more flexibility of the workforce to deliver continuity of care and improved access for patients – particularly those with complex health needs.



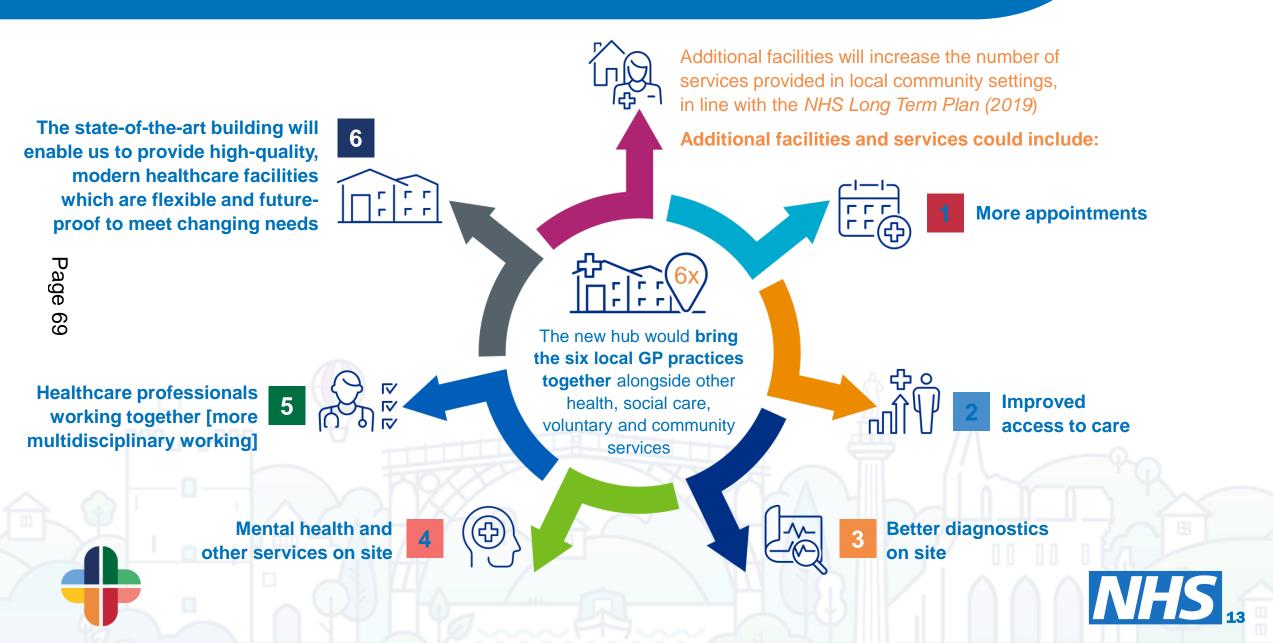


Benefits to patients

- More quality services under one roof, with modern facilities: Some services will be
 able to move out of hospitals and into communities, improving access and efficiency.
- New technologies, research, learning, and ways of working: Joined-up services will improve professional relationships and provide more opportunities for shared learning.
- GPs can focus on delivering care instead of running buildings: Modernisation of the sestate will ensure assets and value are retained as well as a sustainable future.
- Reduced health inequalities and improved clinical outcomes: Rather than just treating illness, the hub would support the health and wellbeing of residents.
- Quicker access to appointments: A more resilient and diverse workforce means more people available to support with specific medical needs.



Our vision for what could change

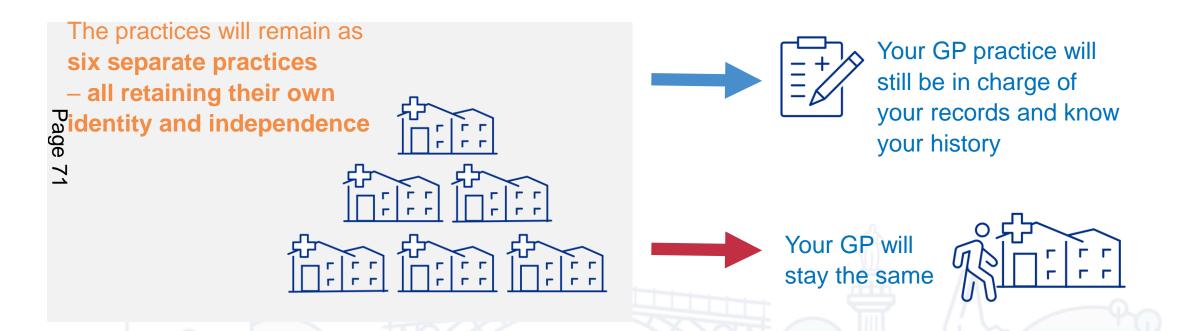


Guiding principles

- Services will be matched to the needs of local patients and residents.
- Additional facilities will increase the number of services provided in the community.
- To retain our clinical and support staff, the hub will offer attractive conditions, is a solution that works best for our current workforce and is sustainable and future-proof.
- Similar models of care have worked well in other parts of the country, as well as abroad improving quality of care, increasing numbers of appointments, reducing unnecessary referrals, and providing better continuity of care.



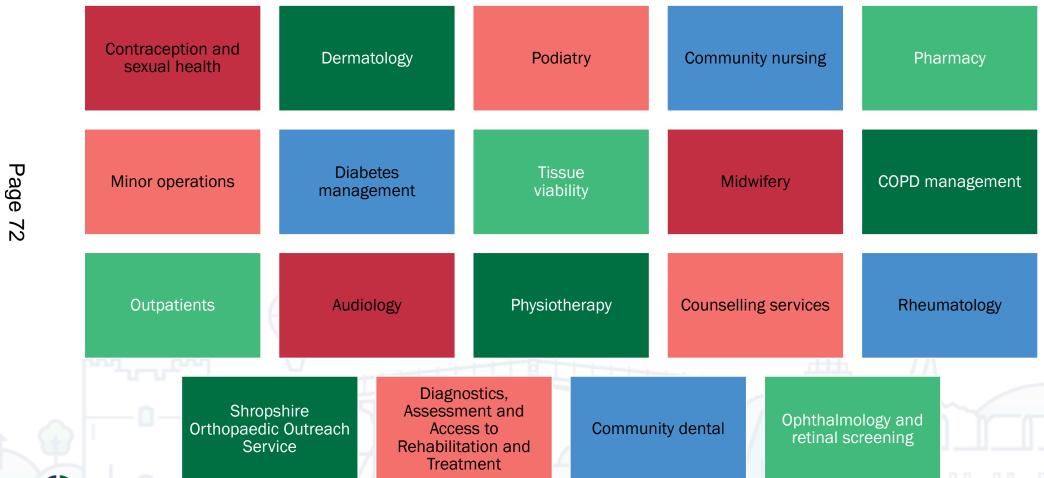
Our vision for what would stay the same







Potential services in the new hub







Community-based services

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Paediatric outpatient services

Maternity hub

Musculoskeletal

Cardiology

Pulmonary rehabilitation

Mobile diagnostic vehicle





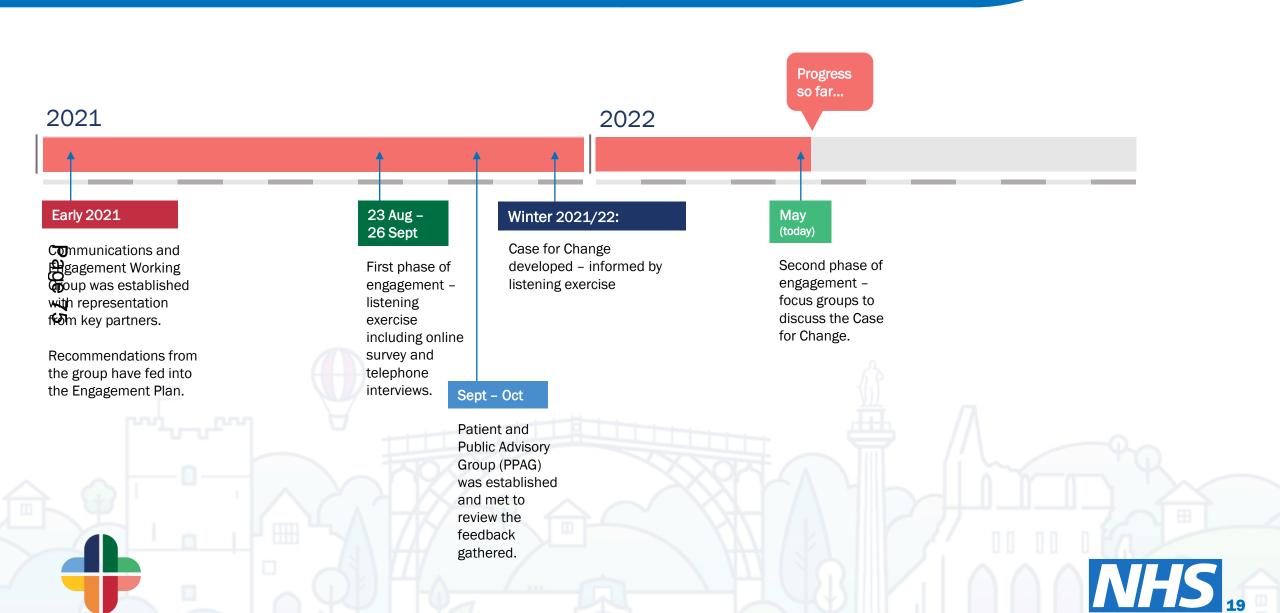
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Engagement and involvement





Engagement timeline so far



Engagement roadmap 2022-24

			2022						2023								2024										
		Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	
Governance	Meetings				AIC	HOSC		HASC		HOSC																	
Comms and Engagement	Page 76	Develop Case for	Change and vision	‡ 3 3 3 3 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	with	stakeholders	Options	appraisal				Consult	public			Publish	outputs										-
Technical	Programme		IIA		Options development		IA) (IIA		Analysis of	outputs		Decision	making business	case	IIA							
Tech	Build						Preferred option OBC)	Lease and	planning		>	Tender &	Procurement		OBC/FBC	completion	approval		Implementation	

Phase one engagement – listening exercise

- Our first phase of engagement took place in August/September 2021.
- Out of 1,287 responses, key themes that patients expressed for the hub were:
 - Easy to book appointments convenient opening times, short waiting times, face to face options;
 - High quality of care clinical expertise, friendly staff, additional health and care services;
 - Good access close to home/work/study, easy to get to, good parking and transport links.
- Favoured services included; phlebotomy; diagnostics, access to rehabilitation and treatment; community diagnostics and imaging; pharmacy services and other primary care services.





Stakeholder reference group

- A stakeholder reference group will be established shortly and will help to develop and determine the evaluation criteria agreed within the focus groups.
- The reference group will also act as a steering group for communications and engagement activity.
- Representation will include Healthwatch Shropshire, PPGs, the local authority, elected members, practice representatives, plus key voluntary sector organisations representing equality groups and those most likely to be impacted by plans.
- Dedicated focus group sessions are also being arranged with council members.





Addressing inequality

To ensure we are considering patients and members of the public who will be most impacted:

- - It will be further developed as part of an Integrated Impact Assessment (IIA) when the proposed location, as well as travel times and details of the services proposed, are confirmed.
 - Key voluntary and charity organisations across the area have been contacted, as well as equality groups, to ensure we connect with as many hard-to-reach groups as possible.



Current activity – phase two engagement

- Six focus groups were held in May 2022 four online and two face-to-face with 48 attendees across the sessions.
- Participants were asked to discuss their experiences of general practice, what they thought about the aims and benefits of the hub, what services they would like to see in the hub, and whether there was anything else the Programme Team should be considering.
- The essential criteria was shared with participants which will be used to evaluate the possible scenarios for the hub.
- A proposed list of desirable criteria was also shared for discussion. This was compiled using feedback from the 2021 listening exercise and will be further developed by the stakeholder reference group to score the possible scenarios.





- Improving access and patient choice
- Deliverability
- Workforce
- Affordability (high level)

Applied by the Programme Team

2nd step: desirable criteria



- Accessibility
- Quality of care
- Meets local needs

The reference group will weight the desirable criteria and then score the medium list using the desirable criteria

Finance:

A separate process, applied later in the development of scenarios

All scenarios presented to NHS England must be financially viable





Essential criteria and their domains

Improving access and patient choice

Does the scenario protect against reduced patient choice and access?

Deliverability

Can the scenario meet demand now and in the future?

Is there a clear, clinical evidence base?

Is the scenario supported by stakeholders?

Affordability

Is the scenario affordable and does it deliver value for money?

Workforce

Do we have the workforce to deliver this option?

Does the scenario support recruitment and retention?

Domains

Criteria



26

Friendly staff (217)

Clinical expertise available (for my health condition) (174)

Service features (25)

'(xx)' Frequency domain was selected during listening exercise Accessibility

Easy to book an appointment (719)

Face-to-face appointments available (615)

Short waiting time for an appointment (581)

Convenient opening hours (244)

Digital (telephone / video) options for appointments (93)

Easy access into the GP practice (e.g. wheelchair access) (32)

Meeting local needs

GP practice is close to my home / work / place of study (598)

GP practice is easy for me to get to (i.e. good transport links) (436)

GP practice has good parking (313)

Health and care services at the GP practice site so that I don't have to go to the hospital (172)

Other health and care services nearby or at my GP practice (27)

4

NHS

Criteria

Domains

١..

Focus group outcomes

Key themes identified from the focus groups include:

Travel impact is a major issue – public transport and traffic issues are currently a
problem in the Meole Brace area, plus this could cause difficulties for older people,
those in rural areas, and those with disabilities.

Many people said they couldn't argue with the case for change as more joined-up thinking makes sense and change needs to happen.

- Fear/uncertainty is felt by many people and reassurance is needed on the benefits of the hub and what services will be provided.
- Residents expressed concern over losing their relationship with their GP, the continuity of care and receiving an impersonal experience.



Concluding phase 2

- To conclude our second phase of engagement, additional focus groups targeted at harder to reach audiences as well as local councillors are currently in progress.
- A stakeholder reference group will be established to help determine the weighting for each desirable criteria agreed within the focus groups.

An initial meeting for the reference group will be set up once feedback from the focus group sessions has been finalised.

A leaflet for practices will be developed to aid patient engagement and to outline why
practices have decided to be a part of the programme - these include
rent/maintenance/space/extra services.



Next steps

- After the development of possible scenarios, these will be evaluated by the desirable criteria – the scoring of which will be undertaken by the reference group.
- Our Equality Impact Assessment (EQIA) will be further developed as part of an Integrated Impact Assessment (IIA).
- A comprehensive report of findings will be produced following this phase of sengagement and feedback will be compiled. This will then feed into the work of the Programme Team to shape plans and will be shared publicly.
- A consultation will be held in due course and is likely to run for 8 to 12 weeks between October and December 2022 (approximately).









Thank you

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Agenda Item 9

Health and Adult Social Care Overview and Scrutiny Committee, 11 July 2022, Co-optees in Health Overview and Scrutiny



Committee and Date

Health and Adult Social Care Overview and Scrutiny Committee

11 July 2022

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Public

Co-optees in Health Overview and Scrutiny

Responsible Tom Dodds

Officer

e-mail: tom.dodds@shropshire.gov.uk Tel: 01743258518

1. Synopsis

This paper sets out options and recommendations on the three permanent voting co-optee roles to the Joint HOSC who sit with the three members of the HASCOSC, representing Shropshire Council area communities. It also highlights options for non-voting co-optees on HASCOSC.

2. Executive Summary

- 2.1. With the significant changes to the NHS nationally and locally being brought about through the introduction of Integrated Care Systems, the opportunity is being taken to revisit the three permanent voting co-optee roles on the Joint Health Overview and Scrutiny Committee (Joint HOSC).
- 2.2. People in these roles are confirmed by the Health and Adult Social Care Overview and Scrutiny Committee (HASCOSC). The three permanent voting co-optee roles are split out against the following areas of focus:

Co-optee 1: HealthWatch Shropshire (reflecting the organisations role in identifying and bringing forward issues affecting Shropshire people and communities)

Co-optee 2: Patient representative (reflecting the role of overview and scrutiny in helping give communities, patients and citizens have their voice heard).

Co-optee 3: Clinical/professional knowledge and experience whether from the care sector, the health sector and/or NHS management.

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Health and Adult Social Care Overview and Scrutiny Committee, 11 July 2022, Co-optees in Health Overview and Scrutiny

- 2.3. In order to identify the people to fill these roles it is recommended that expressions of interest are asked for that will inform the final choices, and the final agreement of the HASCOSC.
- 2.4. The Council's constitution also allows for HASCOSC (and the other overview and scrutiny committees) to appoint non-voting co-optees to help inform their work. These roles are different to the three permanent voting co-optees on the Joint HOSC, being time limited and can be related to a specific committee meeting, and particular agenda item, or a task and finish group. For the HASCOSC this provides the opportunity to bring people with lived experience into their work, hear from them and include them in their debate and development of recommendations.

3. Recommendations

- 3.1. To confirm the focus of the three different co-optee roles for the Joint HOSC.
- 3.2. To ask that expressions of interest are sought for the three co-optee roles on the Joint HOSC.
- 3.3. To identify opportunities from the work programme for non-voting co-optees to take part in the work of the HASCOSC, and confirm this approach should be taken.

REPORT

4. Risk Assessment and Opportunities Appraisal

- 4.1. The scope of the HASCOSC includes scrutinising services that are provided to and used by vulnerable people, whether they require adult social care services, and/or a patient using health services.
- 4.2. People with lived experience who might take part in the work of the HASCOSC as a non-voting co-optee might need to have their specific support and access needs taken into account. This will need to be addressed on a case-by-case basis for each person.
- 4.3. Using technology for people to join the meetings electronically may provide one solution. Having a forward work programme will enable sufficient planning, notice and access and support arrangements to be identified and put in place. It should be noted that those joining

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meetings electronically cannot vote (if they have a vote) and would not contribute to the quorum.

5. Financial Implications

- 5.1. There should not be any additional financial implications related to this paper for the three permanent voting co-optees on the JHOSC, as these are existing roles.
- 5.2. There may be some new costs associated with travel and other related expenses for non-voting co-optees, if their involvement requires them to be physically present in meetings. These should be small, and the need to physically be in meetings could be mitigated through the use of technology.

6. Climate Change Appraisal

- 6.1. Filling the three existing permanent voting co-optee roles on the Joint HOSC should not increase the amount of travel that takes place to attend the meetings.
- 6.2. Where possible for the business of the HASCOSC and the suitability of the approach for the needs of non-voting co-optees, digital solutions that enable involvement will be used. This should help to reduce additional travel.

7. Background

- 7.1. The council's Constitution (Overview and Scrutiny Procedure rules section 3) identifies that time-limited non-voting co-optees can be used by Shropshire Council overview and scrutiny committees. Their purpose is to add value to the work of the committee through their knowledge and experience, informing the questions being asked, understanding what the data is showing, and shaping recommendations that will have an impact.
- 7.2. For the HASCOSC these non-voting roles provide an opportunity to involve people with lived experience in the consideration of the topics that committee are looking at. Their experience of the services they use or have used, and their wider experience about the things which impact on the quality of their life, should make the overview and scrutiny work undertaken and any recommendations that arise more holistic and impactful.
- 7.3. As the HASCOSC confirm their work programme the committee have the opportunity to identify where time-limited non-voting co-

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 $Health\ and\ Adult\ Social\ Care\ Overview\ and\ Scrutiny\ Committee, 11\ July\ 2022, Co-optees\ in\ Health\ Overview\ and\ Scrutiny$

optees could have a role in the work. The earlier this identification takes place, the better the opportunity to ensure that the involvement is done in the right way, plans and approaches are put in place, and to the benefit of all.

- 7.4. The Joint HOSC with Telford and Wrekin Council looks at the services and issues that cover both local authority areas. This geography is often referred to as the 'system'. Membership of the Joint HOSC is split equally between the two authorities. Each have three Members from their respective Health Overview and Scrutiny Committee (in Shropshire this is the HASCOSC) and three permanent voting co-optees.
- 7.5. The NHS is going through significant changes with the introduction of Integrated Care Systems. The Shropshire Telford and Wrekin Integrated Care System covers the geography of the two authorities. This change offers the opportunity to look at the three permanent co-optee roles against the changes which will be taking place over the coming months and years.
- 7.6. The three co-optee roles are split out against the following areas of focus:

Co-optee 1: HealthWatch Shropshire (reflecting the organisations role in identifying and bringing forward issues affecting Shropshire people and communities)

Co-optee 2: Patient representative (reflecting the role of overview and scrutiny in helping give communities, patients and citizens have their voice heard).

Co-optee 3: Clinical/professional knowledge and experience whether from the care sector, the health sector and/or NHS management.

7.7. These have been set out to reflect the role of overview and scrutiny in providing the forum and opportunity for communities, patients and citizens to have their voice heard, and to bring wider knowledge and experience of the health and care sector, to inform and broaden the understanding of the committee.

8. Additional Information

8.1. It is recommended that to fill these roles expressions of interest should be requested. This approach should be transparent, and also provides the opportunity to be clear about what the roles involve, what people need to be aware of in terms of standards and behaviours, and where conflicts of interest can exist.

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8.2. Should the committee confirm the focus of three roles and to the approach outlined in paragraph 7.8, this work can get underway. The aim would be to bring the suggested co-optees back to the HASCOSC in the autumn for their agreement.

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

Shropshire Council Constitution Overview and Scrutiny Procedure Rules

Cabinet Member (Portfolio Holder)

Simon Jones

Local Member

ΔII

Appendices

[Please list the titles of Appendices]

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Agenda Item 10



Health and Adult Social Care Overview and Scrutiny Committee

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Public

11 July 2022

Health and Adult Social Care Overview and Scrutiny Committee Work Programme

Responsible officer

Tom Dodds, Organisational Performance Manager tom.dodds@shrtopshire.gov.uk 01743 258518

1.0 Summary

1.1 This paper presents the Health and Adult Social Care Overview and Scrutiny Committee proposed work programme topics for 2022/23.

2.0 Recommendations

- 2.1 Committee are asked to members to:
 - agree the proposed committee work programme topics attached as appendix 1.
 - set out and confirm objectives, added value, evidence required for each topic
 - suggest changes to the committee work programme and
 - recommend other topics to consider.

3.0 Next steps

3.1 Officers will present a refreshed work programme at each committee meeting. In addition, the committee have the option to meet informally between committee meetings to discuss which topics they wish to scrutinise at future meetings.

List of background papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)
None
Cabinet Member (Portfolio Holder)
Local Member All
Appendices

 $Health \, and \, Adult \, Social \, Care \, Overview \, and \, Scrutiny \, Committee \,, \, 12 \, July \, 2021 \, \, Overview \, and \, Scrutiny \, Work \, Programme \, 2021-2022 \, \,$

Health and Adult Social Care Overview and Scrutiny Committee work programme

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Work Programme: Health and Adult Social Care Overview and Scrutiny Committee

Topic	Shropshire Council Priority	Shropshire Council Strategic Objective	Objectives for the topic	Expected Impact/added value	Committee meeting dates	Information/ evidence required	Witnesses (in person/written)
Primary Care in Shropshire	Healthy People	Partnerships					
Integrated Care System*-	Healthy People	Partnerships					
Shropshire Council area - community engagement and patient/citizen voice being implemented in the system governance, strategy and plan development.	Healthy Organisation	Communicate well					
Integrated Care System* – implementing the recommendations of the "Leadership in the NHS" report	Healthy People Healthy Organisation	Partnerships Best workforce					
Shropshire Inequalities Plan - The role of Rural	Healthy People Healthy People	Tackle inequalities Tackle					
Proofing in health and care service	ricultify reopie	inequalities					

Topic	Shropshire Council Priority	Shropshire Council Strategic Objective	Objectives for the topic	Expected Impact/added value	Committee meeting dates	Information/ evidence required	Witnesses (in person/written)
change risk assessment and decision making affecting rural areas							
ASC Reforms: Market Position	Healthy People	Partnerships					
Statement and Market Stability Plan	Healthy Economy	Skills and employment Housing					
Implementing the Drug and Alcohol Strategy	Healthy People	Tackle Inequalities Partnerships					

^{*}These topics can be looked at from the Shropshire Council area perspective but may be better as a JHOSC topic should the issues identified be system wide.

Member Briefing Sessions

- Open to all members, but timing to correspond with topic maturity and member knowledge development in preparation for topic being considered in Overview and Scrutiny).
- Overview and Scrutiny topics for inclusion in work programmes may be identified following briefing sessions.
- 1. Changes to the NHS The Integrated Care System
- 2. Annual update of the Joint Strategic Needs Assessment Is it being reflected in the delivery pf the Shropshire Plan and the by the Itegrated Care System strategy and delivery?

- 3. Adult Social Care Reforms to include Market Position Statement, Market Sustainability Plan, Cost of Care/Fee position, Future ap[proach/Model of Care, and Care Cap Reform work.
- 4. CQC Assurance of ASC departments and the ICS
- 5. Liberty Protection Safeguards

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